

COLUMNS

SPRING 2021

The Lindley Park Neighborhood Newsletter

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Message from the Chair

Dear Neighbors—

I am so proud to be the incoming chairman of the Lindley Park Neighborhood Association. I have been fortunate to work with many of our past chairmen, including Larry Wright, Stephen Johnson, and Adam Spivey, throughout the last 9 years. Prior to now, I have served as the events and celebrations coordinator.

When my wife Monica and I moved into Lindley in 2012, we joined the LPNA as a way to meet our new neighbors and to “participate” in our community. Today, I can directly attribute so many of my best friendships to volunteering for the neighborhood.

I am excited to guide the LPNA in 2021. I’m certain it will continue to be a challenging year, but I believe times like this force us to all find new ways to engage, meet others, and give back to our community.

I want to state something very clearly: The LPNA is here to be a resource for all our neighbors. Whether that means an outlet for volunteering, a host of fun

and fellowship at a neighborhood-wide event, or just a well-produced newsletter to help you keep up with the happenings, the LPNA wants to provide an entry-place for everyone, at wherever they feel comfortable.

In the late spring, we hope to gradually get back to the celebrations and organized activities that we are all accustomed to. They may look a little different, but the goal will remain the same, fellowship with neighbors. Until then, let’s let Mother Nature remind of us of the beauty throughout our neighborhood and take time to appreciate the impact that previous community leaders have had on our lives.

-Josh Sherrick

The COLUMNS is compiled, edited, and published by the all-volunteer Lindley Park Neighborhood Association. Each quarter more than 1,200 copies are hand delivered by your neighbors!

The COLUMNS is posted online at lindleyparknc.com/newsletter and you can sign-up to receive a copy in your inbox by using the SIGN UP button on our Facebook page, or email us at lpnagso@gmail.com

For the time being, additional hard copies are not being distributed to local businesses.



SUPPORT THE LPNA

WRITE FOR THE NEWSLETTER

If you'd like to contribute to the next COLUMNS issue, please email your articles, stories, or photographs to newsletter@lindleyparknc.com

Story Ideas

- a topic about which you are an expert, such as gardening or home renovation
- historical anecdotes about Lindley Park
- other social/community topics/issues that you think would be of interest to our neighbors

DELIVER THE NEWSLETTER

Contact Joyce Eury at joyceury@gmail.com if you would like to deliver the newsletter on your street, or perhaps another!

FOLLOW US ON INSTAGRAM

The LP is on IG! Follow us. Tell your friends. [@lindleyparknc](https://www.instagram.com/lindleyparknc)

DONATE or VOLUNTEER

The annual social events and upkeep of green spaces—and even this very newsletter— that make Lindley Park special are only possible through the generous donation of money and time of your Lindley Park neighbors.

If you have means to contribute financially, or simply the time to volunteer, please consider supporting the LPNA.

You can donate by completing the adjacent form or online at lindleyparknc.com/support

The form also includes a section for volunteer opportunities, or simply contact anyone on the LPNA team who is in charge of something you're interested in helping out with.

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Your generous LPNA contributions fund all of our social activities as well as this very newsletter. Suggested amount is \$15 per household, but any amount is appreciated! Please fill out the form below and mail it with your check to the address listed, or bring it to a monthly meeting!

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Make checks payable to **LPNA** and mail to: LPNA c/o Blake Sagar, 2621 Springwood Drive, 27403

Underground Powerlines: Is it time?

contributed by Gary Kenton



- **Fewer Power Outages and Reduced Maintenance.** Burying utility lines provides more reliable service and eliminates most disruptions due to severe weather (which is becoming more common) or accidents.
- **Improved Community Safety.** In addition to power outages, utility poles can also pose fire and traffic dangers.
- **Increased Property Value.** Lindley Park is already a desirable neighborhood but eliminating utility poles would only enhance the value of our homes.

Communities have been successful in getting utility poles underground, but it is not a simple or inexpensive process. Generally speaking, electric companies oppose such efforts and often exaggerate costs.

If you are interested in joining with others in the Lindley Park and Sunset Hills neighborhoods to explore this issue, contact me at garyskenton@gmail.com or 336-676-5719 (landline).

Hello neighbors! My name is Gary Kenton and I recently moved to Sunset Hills. I was given the opportunity to speak at the January 26 Lindley Park Neighborhood meeting about the benefits and potential drawbacks of burying utility poles.

My immediate goal is to gauge the interest of Lindley Park residents in forming a joint committee with Sunset Hills to investigate the possibility of moving the lines underground.

The benefits of undergrounding are:

- **Aesthetics.** Most of us barely notice them day-to-day, but the utility poles are a blight on our streets. Take a look and imagine our blocks without the poles. It's a beautiful thing.



My Green Thumb

Last week a friend called to ask for some gardening advice. She wanted to know what to do to improve her success in growing vegetables this year. Like many of us she has been restricted to her home and wants to stretch her gardening muscles more than in previous years, as well as simply enjoying the pleasure of being outside.

We went through many of the big things that make a difference, the soil in her raised beds, sunlight, soil temperature, air temperature, how much and how often she watered, plant spacing, growing things with similar needs—and perhaps the thing that draws us all to gardening—choosing many different varieties in the simple desire to experience something new and exciting from a planting.

A number of times during our conversation she expressed her delight in being able to talk to me as “someone with a green thumb.” It’s a wonderful term that we often use to speak about someone who is able to easily grow things. While this term is a familiar part of our language today and seems old, it turns out, it turns out it’s actually a pretty new addition to our vocabulary.

The first written reference to “green thumb” is in the early part of the 1900s. Perhaps that’s because before that time folks who “gardened” either had hired people to do the work for them, or were too busy gardening (or farming) to even consider the phrase necessary. I surmise that it’s only been since gardening has become a hobby or “lifestyle” that the term green thumb or green fingers (as it’s sometimes called in the UK) has been used to talk about growing things, particularly in urban/suburban environments.

When people say I have a green thumb, I simultaneously seek to deflect praise (a very human reaction) and attempt to include all of us as potentially successful growers. My “green thumb” just happens to be a reflection of my chosen occupation.

I tell folks that the only reason I have a green thumb is because I have slaughtered thousands, if not hundreds of thousands, of countless plants that have stained my hands. Plants that I murdered through neglect, callousness, lack of research, lack of foresight, wishful thinking, haste, overwatering, under watering...

I have a terrible time trying to grow Brussels sprouts or head cabbages here in North Carolina. Yet I can grow other plants that my neighbors or usually successful growers

...the only reason I have a green thumb is because I have slaughtered thousands, if not hundreds of thousands, of plants.

have no success with. On the other hand, some people really struggle with strawberries, blackberries, raspberries, and asparagus—but I’ve had success with these plants!

It sounds a bit callous, but the truth is I continue to kill countless plants. It’s mostly a desire to see what happens “if”, plus the challenges of climate change (more/heavier rain) that results in our backyard looking like “we live in on a bloody swamp”, to quote Monty Python.

For me this is the fun of gardening: the not knowing; the wondering “what it will taste like?” Can I even get it to grow here? Trying because I like the flavor or color or smell and want to have it more accessible. There are so many reasons why I grow things—or want to grow things. My personal goal is to get more folks to join me in staining their hands and fingers with the chlorophyll of countless plants. A pack of seeds is pretty cheap and can be bought at your local farmers market or traded with neighbors. Whether you have a few pots or a small plot, no matter how bad the sunlight, how inappropriate it seems. Sometimes it’s just about experiencing, experimenting, getting your hands green or brown or whatever color. In gardening, like make things, the joy is in the doing.

Meet me at



Saturdays

8:00-11:00AM

Recycle That Styrofoam!



While foam and Styrofoam aren’t recyclable in Greensboro’s curbside recycling program, residents and businesses may now bring their foam to the drop-off location at **1310 W. Gate City Boulevard**.

Clean and dry #6 foam packaging—that includes egg crates, *clean* take out containers and cups, and product packaging—can be dropped off in the outdoor recycling containers behind the Tiny House Community Development facility. Foam must be clean, dry, and free of labels and tape. Foam packing peanuts are **not** accepted.

Foam dropped off at this location will be made into picture frames and molding by New Jersey-based company FoamCycle. Proceeds from the sale of foam will support Tiny House Community Development and their efforts to reduce homelessness in the Triad.

This recycling program was made possible by the Foodservice Packaging Institute’s Foam Recycling Coalition, Greensboro Beautiful, Environmental Stewardship Greensboro, Emerging Ecology, FoamCycle, and private donations.

For more information—and to watch a cool video of the foam extrusion process!—visit tinyhousegreensboro.com/recycling

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We Remember

contributed by Josh Sherrick

I would like to take a moment to celebrate and honor the lives of three Lindley Park friends and neighbors who passed away this past year. These folks were great contributors to our collective community and their passing is a huge loss for Lindley Park.



ROGER WILLIAMS passed away on December 19, 2020 after a more than two year battle with ALS.

When I think about Roger, a longtime Lindley Park dad/neighbor/friend/Sticks & Stones Pizza creator, I can truly say that I was honored to know him. Roger was a dude's dude. He was smart, funny, and keen. Quick to swing in with sharp wit—something that made you listen and nod in agreement.

Even as the effects of ALS took their toll, he remained present as ever, always a step ahead. An avid football fan, he was still the first to call out the reason for a flag or make a joke about some kicker's inability to do his one job.

With the unending support of restaurant owner Neil Reitzel, Roger continued to work for Sticks & Stones, ordering supplies and coordinating staff from his living room, long before 'working from home' became everyone's forced reality.

Roger didn't let the disease of ALS keep him from having a good time and doing the things he loved with the people he loved. We spent many days on his back porch, watching any football game that was on Jared's 'backup TV', and many nights at Suds-n-Duds watching "his" Bears and hanging with what seemed like a whole bar of HIS friends. There was no slowing him down, and oh was he good with that powerchair! He would walk/roll with his girls to school and back, chatting and cuttin' up with neighbors the whole way.

I admire my friend. *I miss my friend.* He was a great husband, dad, friend, and all around decent human being. No one knows what they would or wouldn't do, or how they'd feel if they were stricken with a fatal disease. But Rog... he made the most of his journey, even if the road had an end in sight.

Roger is survived by his wife, former COLUMNS editor, Kate Silton and daughters Emily and Annabel.

LEIGH HATHAWAY passed away suddenly in December just two weeks before Roger.

A long-time neighborhood and "Corner" staple, Leigh infused her presence across Greensboro and especially around Walke and Elam. Having worked at several Lindley Park establishments she was truly THE familiar face of the Corner.

While I did not know Leigh well, I can attest that EVERY time I saw her, Leigh's face was beaming with a pleasant, contagious smile. I miss those brief encounters.

As a dedicated patron of the Corner Market, Market Coordinator Kathy Newsom remembers her this way: *"One thing about Leigh that I admire most was her ability to love anyone. By that, I don't simply mean that she was a nice person. But rather, she could see the light in everyone she met. When she heard about a conflict in our community, she could always see both sides, embrace both sides. She knew The Corner is a magical place and she made room for all of us to shine. I will miss her sparkle on Saturday mornings at the market. She was a real inspiration to many, and we're all better for knowing her."*

In December The Corner Market held a fundraiser to support the care of Leigh's youngest son Mason through sales of a custom T-shirt printed by Cut the Music Prints. If you would like to purchase a shirt, please visit www.cutthemusicprints.com/product/leigh-hathaway-tribute-tee

You can also read a lovely remembrance of Leigh by Brian Clarey, editor of Triad City Beat, here: <https://triad-city-beat.com/editors-notebook-a-light-goes-out-on-walker-avenue/>



ELIZABETH RIGGS, beloved wife of Lindley Park Upkeep Coordinator Charlie Cameron, passed away on June 30, 2020.

Elizabeth spent her life committed to those in need and worked for many years as a teacher of deaf-blind, and severely and profoundly handicapped children. She received a degree in Occupational Therapy from UNC Chapel Hill and worked for Guilford County Schools as an occupational therapist. Her proudest accomplishment was becoming a certified Healing Touch practitioner, a type of energy therapy.

Elizabeth and Charlie lived together on Sherwood Street with a series of loyal Weimaraners including Tess, Rachel, and Jody—who liked to chase does tennis balls thrown behind Lindley Pool— for 30 years.

I write these remembrances knowing that so many of our friends and neighbors are also experiencing sorrow and grief during these difficult times. I have faith that "things" will continue to get better and we will all be able to breathe deeply (probably still with a mask) without worrying about catching or spreading this deadly virus.

But in the "right now" I believe that we need to seek positivity and healing from any source, even through mourning. I treasure the dear, thoughts and fleeting memories of those who've passed and the impact their presence has had on me.

As we move into 2021 with a renewed hopefulness, let's lend one another an ear and a hand. Let's remember what it means to be neighborly; what it takes to shine a pleasant light on others. To smile when you walk by, or just give a nod. I commit to paying it forward with positivity. As a community, it's our job to take care of one another and to carry-on the spirit of those in our past. There's no better way to ensure that Lindley Park will stay a tight knit, caring place to live for years to come.

I think Roger would like that. It seems like a fine way to honor the spirit of all our passed loved ones. Rest in Peace Roger, Leigh, and Elizabeth.

What Does 2021 Have in Store for the Housing Market?

contributed by Leslie Stainback

The housing market was a bright spot in the year 2020, fueling the economic turnaround throughout the country. Right now, everyone wants to know if real estate will continue to show so much promise! Last year home values in-creased by 8.2% nationally. This dramatic rise came from a unique situation: inventory was at historic lows while demand was high, driven by record low mortgage rates. Will this trend continue?

Experts are predicting that while mortgage rates may rise modestly, they will continue to be historically favorable. There is also the feeling that as more millennials flood the market and begin buying homes as well as buyers who want to take advantage of the low rates to move, demand for inventory will remain high.

Many homeowners are concerned that our country will have another housing crisis similar to 2006-2008. There is relatively low concern for the bubble to burst because today many homeowners have a tremendous amount of equity in their homes, which differed greatly from the early 2000's. Increased equity means more options for homeowners who may be experiencing financial issues. According to economist Odeta Kushi, "With enough equity, a homeowner has the option of selling their home, or tapping into their equity through a refinance, to help weather economic shock."

According to the Triad Multiple Listing Service, the current number of homes for sale in Greensboro as of Jan-uary 31, 2021 was 376. At the same time in 2020, that number stood at 572. In Lindley Park only four homes were listed for sale as of January 31, 2021, whereas the same time in 2020 there were nine. We are entering February 2021 with approximately 196 fewer homes for sale in Greensboro than there were last year, and less than half the available homes for sale in Lindley Park.

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Buy Nothing Project Group Update

Our local Buy Nothing Project group has sprouted!

Lindley Park is now in the **Buy Nothing Greensboro (South)** group. You can find this group on Facebook at www.facebook.com/groups/1059566384529706

This sprout is an effort to restore the focus of the group to hyper-local, community giving.

For more information on the Buy Nothing Project, please visit buynothingproject.org, then come join us in the group!

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Plant This!

contributed by Elizabeth Link

Native alternatives to non-native invasives

In the Spring 2020 COLUMNS I wrote an article about non-native, invasive plant species that should be avoided when you're considering adding plant life to your yard. Non-natives are prone to spreading into wild areas, crowd out native plants, and offer few benefits to local wildlife. You can read that article here: <https://tinyurl.com/spring2020-invasives>

This spring, I'd like to offer you some alternatives for plants that are (mostly) native to the eastern US, are easier to control, and are beneficial to pollinators, birds, and other wildlife.

One of the plants I recommend against planting is English Ivy. On the ground ivy suppresses flowering plants and encourages mosquitos. When it grows up trees it can cause the tree to break or fall under icy or windy conditions. Most people plant English Ivy because they want a groundcover for places where it's difficult to grow or maintain grass - usually steep banks, or shady places under trees.



in a variety of bloom colors, or Green & Gold (*Chrysogonum virginianum*), which has bright yellow blooms and bright green foliage. Both are evergreen and under 6" tall. Another low growing plant is Allegheny Spurge, (*Pachysandra procumbens*), 6"-8" tall. This plant has marbled evergreen leaves and spikes of fragrant white flowers. It doesn't grow as fast as the more commonly sold Asian *Pachysandra*, and so is easier to control.



Taller plants could include Christmas Fern (*Polystichum acrosticoides*), a native in our woods, and Autumn Fern (*Dryopteris erythrosora*), a native of Asia, both good low maintenance plants. They don't need wet soil - just shade, and soil with a decent amount of organic matter. With these they can tolerate tree roots and somewhat dry conditions once established.



Rather than planting a single plant in these areas, consider planting a mix of plants that can provide layers of shape and color. In shady areas, the shortest layer could consist of Creeping Phlox (*Phlox subulata* or *Phlox stolonifera*, two very similar species), which can be found



A low native shrub that works in part shade to full sun is dwarf Fragrant Sumac 'Gro-Low' (*Rhus aromatic 'Gro-Low'*). It is deciduous, and tops out around 18" high, spreads to 6'-8', has small flowers in spring and small berries in the fall that birds like. The leaves turn a brilliant red in fall. Another native shrub that is frequently used on banks is Creeping Juniper (*Juniperus horizontalis*). It likes full sun to part shade, reaches 12"-18" in height, and can spread 5' to 8' wide. It also produces small berries that birds like.



I caution against using Wax-leaf Ligustrum, Eleagnus, and Privet. These large evergreen shrubs grow fast and are highly invasive in our fields and woodlands. When looking for evergreen shrubs, think of hollies. These come in varieties that range from 30' tall trees - our native American Holly (*Ilex opaca*) - to dwarf shrubs. All of them provide small fragrant flowers for pollinators in spring, berries for birds and other wildlife in fall, and evergreen sheltering spaces year round. They are generally tough and can tolerate drought, and thrive in full sun to



part shade. Large shrubs include Dwarf Burford Holly (*Ilex burfordii 'Nana'*) and Nellie Stevens Holly (*Ilex x Nellie Stevens*). These can get to be 12'-15' tall, and while not native, are not known to be invasive. If you don't like the thorns on holly leaves, native Inkberry Holly (*Ilex glabra*) has small thornless leaves, looking more like a



boxwood than a holly, and small dark blue berries in winter. There are a number of different varieties of this shrub, including 'Shamrock', which gets to be 3'-4' tall, and 'Gembox', 2'-3' tall. They're low maintenance and need little pruning, and can take full sun to part shade.

Eastern Arborvitae (*Thuja occidentalis*) is a conical shaped native evergreen cedar that reaches 20'-40' tall and 10'-15' wide and likes part shade to full sun. They make a nice screening hedge or specimen plant.



One of my favorite evergreens is Anise Bush (*Illicium parviflorum*). This native evergreen likes part shade but can handle full sun, and tolerates a variety of soil types. It can get to be 15' tall but can be pruned to serve as a shorter (8'-10') large shrub. The leaves have a unique fragrance when crushed, giving it its name, and it produces small yellow flowers in spring. The variety 'Florida Sunshine' has unique chartreuse foliage, and stays smaller, topping out at 6'-8'.



I'd also like to mention a few natives not in either of these categories, but which are worth planting for their beautiful blooms or berries. Virginia Sweetspire (*Itea virginica*) comes in several varieties ranging from 3'-6' tall - 'Little Henry' is one which reaches 3' tall and 3' wide. All have drooping plumes of tiny white flowers in summer that pollinators love, and leaves turn brilliant red in fall. It can grow in full sun to full shade, is tolerant of wet conditions and prefers moist soils, although is somewhat drought tolerant once it gets established.



Another is Summersweet (*Clethra alnifolia*), which puts out fragrant spikes of small white blooms in late summer when few other shrubs are in bloom. Bees and butterflies love it. Likes part shade to full sun, but can also grow in full shade. Its natural habitat is moist soils and streambanks, but I have seen it do well in regular mulched landscape beds. 'Hummingbird' is compact in shape and reaches 3'-4' tall. 'Ruby Spice' tops out at 4'-6' and has reddish flowers instead of white.



A couple of native vines provide lovely flowers that attract hummingbirds and pollinators. Crossvine (*Bignonia capreolata*), has 3" long, reddish-orange tubular flowers in summer. Coral Honeysuckle (*Lonicera sempervirens*) has clusters of coral-colored blooms throughout the summer. Both need something to climb on, and light shade or at least 4'-6' hours of sun.



Keep in mind that these plants may not be found at big-box garden centers like Lowes or Home Depot. Instead, try visiting one of our local greenhouses, such as Guilford Garden Center, that stock many varieties of native plants. Visit them online at guilfordgardencenter.com. Another option is Cure Nursery in Pittsboro who specialize in native plants. Visit their online catalog at curenursery.com.



In this article I have listed the scientific name of each plant in parenthesis after the common name. If you're interested in learning more about a particular plant, search for the scientific name. The Ladybird Johnson Wildflower Center, (wildflower.org) and Missouri Botanical Gardens (missouribotanicalgarden.org) both have sites with reliable information about plants.

Plants pictured in this article, top to bottom, left to right: *Creeping Phlox* (*Phlox subulata*), *Green & Gold* (*Chrysogonum virginianum*), *Allegheny Spurge* (*Pachysandra procumbens*), *Christmas Fern* (*Polystichum acrosticoides*), *Autumn Fern* (*Dryopteris erythrosora*), *Fragrant Sumac 'Gro-Low'* (*Rhus aromatic 'Gro-Low'*), *Creeping Juniper* (*Juniperus horizontalis*), *American Holly* (*Ilex opaca*), *Inkberry Holly* (*Ilex glabra*), *Eastern Arborvitae* (*Thuja occidentalis*), *Anise Bush* (*Illicium parviflorum*), *Virginia Sweetspire* (*Itea virginica*)-*Little Henry*, *Summersweet* (*Clethra alnifolia*), *Crossvine* (*Bignonia capreolata*), *Coral Honeysuckle* (*Lonicera sempervirens*)

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Proper dental care for your pet removes harmful calculi and bacteria. Infections develop that destroy the tooth's periodontal ligament. If the calculi is not removed, the affected tooth loosens and falls out. The bacteria is directly absorbed into the bloodstream and can cause serious infections in the heart valves, kidneys and liver. One missed year of dental care for your pet is equivalent to 7 human years without oral care. Protect your pet from painful dental disease and schedule an appointment now.

Schedule an appointment in April and receive a
20% DENTAL DISCOUNT

University Animal Hospital

of Greensboro, PLLC



CHRISTINE HUNT, DVM

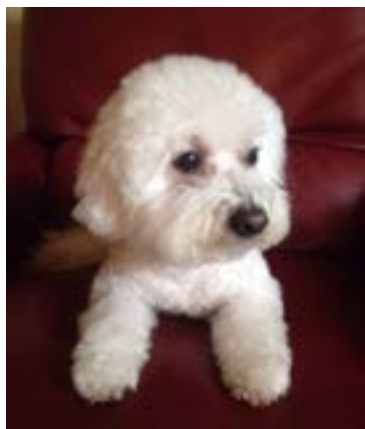
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Pet Pain Therapy with PRP

PRP is the new buzz word in human sports and regenerative medicine. It is a nonsurgical therapy that promotes the healing of acute injury to joints, cartilage, tendons and muscles. It is also used to treat chronic pain due to arthritis, chronic tendonitis and atrophy from torn muscles.

PRP stands for Platelet-Rich Plasma. Whenever an injury occurs, platelets are naturally activated to begin the body's healing process by migrating to the damaged tissues and releasing growth factors and healing compounds. The injured tissue can then begin to repair itself.

Arthritis occurs when the body's healing process goes haywire and instead of cells healing, the body produces bony changes, cartilage degeneration and subsequent pain. Now platelets can be concentrated from the patient's own blood and then injected directly into the injured tissues or joints to increase the healing process.

At University Animal Hospital of Greensboro, we have been using PRP as part of our pain management since 2006. However, in the early years of this treatment, the processing and collection time took over 3 hours, which made it more costly. Since PRP has now become more commonly used in human medicine, the new PRP process is very cost-effective with a collection time of 15 minutes.

Also, the platelet volume and concentration has tripled, allowing for more injured tissues and joints to be treated. Using this new technique, we can administer joint, tendon and muscle injections during other routine anesthetic procedures such as dental evaluation and cleaning. Since most dental patients are senior and geriatric pets with coexisting degenerative arthritis, receiving PRP therapy during a dental procedure would greatly improve their overall health without additional anesthesia time.

Schedule an appt. in April and receive 20% Dental Discount.

Let us treat your pet's arthritis with PRP during their dental procedure.

For more information, please call University Animal Hospital at 336-279-1003.

