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# THE LINDLEY PARK NEIGHBORHOOD ASSOCIATION NEWSLETTER www.lindleyparknc.com



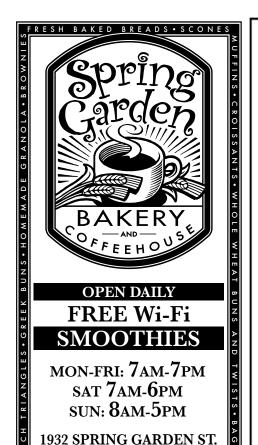


# Fall Fest to be held November 5

The date for the Lindley Park Fall Fest and Chili Cook-off has been changed to November 5th due to extensive city resources being used for the A & T Homecoming being used the weekend of October 15th.

November will make that warm chili taste even better! If you would like to enter a chili please contact Carrie Little at 339-2674 or crlittle@triad.rr.com. Lindley Park has so many talented cooks and we always have so many delicious chilis to taste! This year the voting will be a little more structured with only 1 vote allowed per resident and we may even have some expert chili tasters, our own Greensboro firefighters present to give their input.

Bring a chair, blanket, beverages, jacket and relax with a hot bowl of chili while listening to our own neighbor Scott Walker and his friends for some talented fiddlin'! See you there...



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Open

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Open

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## **NEWSLETTER ADVERTISING**

The Columns is published by the Lindley Park Neighborhood Association. More than 1200 households receive hand -delivered copies. Issues are also posted on our website. Copies can be picked up at several neighborhood businesses. Publishing/Distribution is January/February, March/April, May/June, July/ August, September/October and November/Decem-

Deadline for ads is the 10th day of the month prior to publication. Ad cost is \$35 per issue. Ad size is 1/6 of a page or 2 1/2 inches by 5 inches. The editor of the Columns reserves the right to edit as needed. For more information, or to place an ad, contact Patti Eckard at Patti. Eckard@gmail.com or 632-1448.

## From the Chair

## by Lauren Smith

I'll admit it, I actually like to rake leaves. Not blow, or vacuum, or mow, but rake. Weird, I know, in a world where there is a power tool for every need. There is something about being out in the fresh air, rake in hand, and in the course of just an hour or two, the yard is completely transformed. Now mind you, I like to rake but I prefer it under certain conditions. I like it when the weather is warm or slightly cool. I don't particularly like to rake when it is frigid and my nose is running. I like it when the leaves are dry and crunchy. I definitely don't like it when we have rain every weekend from mid-October through November and the carpet of leaves become a wet, soggy, heavy mess. And just to clarify I said I like to rake. I didn't say I like to bag the leaves or rake them to the curb, knowing the grass underneath dies a little more every day. I would prefer someone else take care of their disposal! But it is quite satisfying to see those nice piles of red and yellow and orange, and admire the fruits of my labor.

Our beautiful trees are just one thing I appreciate about living in Lindley Park. I love their stark beauty in the Winter, the bright new green leaves in the Spring, the cool and shade they provide in the Summer, and their kaleidoscope of colors in the Fall. So whatever tool you use to conquer the leaves, enjoy our trees and all the benefits they provide.



# "FRIEND" LINDLEY PARK

If you're a Face-book fan, join the 891 others who have "friended" the neighborhood through the page, "Lindley Park—Greensboro, NC." It's a quick and easy way to post a note, ask a question, and share photos.

FALL FESTIVAL
Our annual Fall
Festival and Chili
Cookoff will be held
November 5th in
the park.

# Thanks to Our Supporters

Listed on page 12 of the Columns are members of the LPNA that made a financial contribution to our Association. With that support we were able to sponsor the Easter Egg Hunt, Spring Fling, Fall Fest and Luminaries as well as support our web site. Thank you! Also, thanks to the advertisers in the Columns we were able to continue publishing. The Columns cost around \$585.00 per issue to print 1250 copies.

We need to support those that advertise. A huge thank you goes to the unheralded folks that deliver the newsletter to every door. It is the neighborly involvement that makes Lindley Park so great.

## Need an extra copy?

Lindley Park Columns is available at a number of local businesses. Stop by one of these shops and grab a copy.

Bestway - Walker Ave. Gene's Barber Shop - Spring Garden St. Lindley Rec Center - Springwood Dr. Sisters Jewelry & Gifts - Tate St. Tate St. Coffee House - Tate St.

# **Hello from Ann on Hermitage**

Reading the Columns in front of the Forbidden City in Beijing.



## **Newsletter Ideas**

We would love to have you participate in the Columns by submitting articles you feel would be interesting or beneficial to the neighborhood. We would love to have submissions from your kids also (artwork, writing, photos, etc.). Do you have a neighbor with an interesting story to tell? Do you have neighbors that are new to the area? Write us about it. We are always interested in any history of the neighborhood that you may know about or have a connection to.

What makes this neighborhood great is the strong sense of community and the diversity of our residents. The Columns serves as glue to connect us to one another. It is one of the reasons we are the envy of other in-town neighborhoods!

Please send all submissions to roobait@msn.com. Keep in mind that the newsletter is published about every other month with deadlines on (or about) the 1st of Feb., April, June, Aug., Oct. and Dec.

Thanks for making LP great!





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# **Open letter regarding Craven**

By Paul Crosby, Jr., 3811 Parkwood Drive, 27403

My wife and I live at 3811 Parkwood Drive, right down the hill from Craven Elementary School. We always wanted our children to go to school there when they were growing up, but unfortunately it was closed about time they were able to attend. We love the Guilford County School System, whom my wife works for now.

We saw Craven opened back up to The Head Start Program, for a while, and unfortunately the parents who picked up their kids there, threw trash all over the street while waiting to pick them up. They were given instructions not to trash the street, most listened but some still insisted on throwing their trash in the street. We quite frankly, don't miss that unsightly mess, nor the traffic, nor the speeding cars, as that program finally left the building. No other organization has been back since.

It has now become an eyesore and the young vandals who keep the building in such disrepair, we have never heard if they have ever been caught or if so if they have been prosecuted. Some one or group is still writing their graffiti all over the building and it looks like Chicago's train system. What a mess!

Please, tear it down as soon as possible. It is a disgrace to our wonderful school system and our wonderful neighborhood that we all love.

Our son lives in Charlotte and a block from their house, on the same street, they have a new school that was built right beside an old school, and the same type things were happening to the old school, on Seneca Place, in Charlotte.

...continued on PG 7

# Update on Lindley Park Redistricting (Board of Education)

Every ten years, after the census is taken,

legislative bodies from the local to the federal

level look at population shifts and representation. This is one of those years. The Guilford County Board of Education, as required by law, has taken a look at the six districts that elect our BOE representatives. Five redistricting maps were submitted to a committee comprised of School Board members. Three maps were developed by the school system staff and two were submitted by the public. The committee selected Staff Map One and presented it to the full board.

After two public hearings a compromise map called Staff Map Five was agreed to and

adopted by the BOE. This plan is currently at the Justice Department for review.
The goal of the BOE is to redraw board member district representation with the least impact on change. Lindley Park is in District Six and the plan submitted would add two precincts to our district and take away two precincts. The neighborhood goal was to keep District Six intact and make sure Walker

Avenue is not used as a boundary in any redistricting plan. There were several neighborhood folks that attended these meetings to ensure that happened.

This is also the year that attendance zones will be adjusted. This process is underway and we need to pay attention to its progress. It appears that the population shifts are more toward the airport and north High Point with some southeast growth. It looks like Lindley Park's predicted growth is stable and won't need any adjustments to the attendance zones. But, if you recall in 1978, Walker Avenue became the attendance zone line and split the neighborhood. It took two decades to bring our neighborhood back as a whole. That can't happen again!

The last BOE involvement in our neighborhood is Craven School. The Guilford County School staff recommended that Craven be demolished sighting the condition of the structure. The BOE approved the plan to tear it down at a cost \$270,000. The schedule for demolition is not yet set. The BOE was approached by a nonprofit group wanting to create a community garden on the property. The neighborhood will be involved in future plans.

Guilford County Schools has indicated that they want to hold on to this property for future use. But keep in mind that this is 7.7 acres of prime real estate and as a neighborhood we need to pay attention to future plans for this site.

## **Upward Basketball**

Upward Baketball/Cheerleading is a positive sports experience offered by a few local churches including First Baptist Church (located at 1000 West Friendly Avenue near UNCG). One of the great things that the Upward program offers is an opportunity for both parents and kids to enjoy the sporting experience. Parents love the family-friendly schedule, welcoming environment and nurturing coaches who teach in a supportive and encouraging way. Kids love the fact that they get to play or cheer at every game, that everyone is valued on the team, and they make new friends throughout the season while having lots of fun.

Upward is for children ages Kindergarten - 6th grade. The program promotes character and self-esteem in every child by:

Providing an evaluation system that promotes equal teams and opportunities, Establishing a one-hour practice and game each week,

Implementing a substitution system for each team, allowing every child equal playing time, and

Creating the opportunity for every child to learn the skills of the game and techniques used in cheerleading.

Participating in this league will give your child a chance to experience good sportsmanship on and off the court. While playing or cheering for Upward Basketball, your child will also receive a special recognition award after every game and have the opportunity to continue their development of the sport.

Registration begins the week of October 10th. Evaluations are Nov. 9th – 11th. Practices start the last week of November and games start January 7th and run through February 25th (???).

Hope to see you then!

For more information, please visit http://www.fbcgso.org/upward







# **Award Winning White Bean Chili**

By: Michele Smith, winner of the 2010 Fall Fest Chili Cook-Off Soak one (1) pound of navy beans overnight.

De-bone 1 whole chicken (cooked, from Harris Teeter), put the meat aside.

2 lb beef sausage - cut up in cubes

2 bell pepper, chopped

3 onions, chopped

1/2 stick butter

4 stalks celery

Saute the sausage, bell pepper, onion, butter and celery until veggies are tender and put aside.

6 cups chicken broth

3 tsp garlic salt

3 tsp garlic powder

2 tsp celery salt

Oregano to taste

2 tsp cayenne pepper

Bring to a boil, then on low.

Add beans, chicken, sautéed veggies and one (1) cup sour cream. Add one (1) cup Monterey Jack shredded cheese.

Simmer on very low for 2 hours. Be careful not to burn the bottom.



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# **Lindley Park** Luminaries

Keep the date open to participate in this year's luminaries. We will meet Dec. 4th at 4PM at the Rec. Center parking lot to fill 1200 bags and load up. Several crews of adults and kids will then place the luminaries on the streets bordering the Park area - S Lindell, Willowbrook, Park Terrace, west side of Spring Garden, and east side of Walker Ave. (from S Lindell to Ashland).

More information will be given next issue on the event and how to purchase luminaries for the front of your home.

# **Update on Craven Elementary**

Mary Alice Austin, one of our residents, attended the School Board meeting on Sept. 13th. The board voted 10 to 0 to demolish Craven using money from Utility Right of Ways. "It was sad to hear them talk about the neglect over the past 20 or more years to the building. Hope they will come up with guide lines so another school will not meet the same fate."

## Is your supplement doing what it says it will?

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PN Shared Knowledge Program incentive for October 2011

Many in northern Europe practice a "fall cleans" to prepare for winter. Desmodium is an herb that helps one's liver rid itself of toxins and invigorates liver tissue for maximum activity. With local, fresh fruits and vegetables less available, and eating more stored and imported food in winter, livers need to be busy detoxifying food we consume. PN Desmodium comes as a bottle of concentrated liquid (tea) that is taken 1-2 tablespoons 2x daily for 10 days. I start on October 1. Its good!

10% off for Desmodium purchased in October

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# **Parking Issues**

Where are you allowed to park your car on the street?

Many parking ordinances have traffic signs indicating that curbside stopping or parking is prohibited or restricted. However, some ordinances do not require signs to be posted. These ordinances address safety issues common throughout the city. To sign all of these locations is not practical. Vehicles parked in violation of these ordinances create a hazard for the safe passage of other vehicles and/or pedestrians. The most common of these parking ordinances include:

Corner clearance - vehicles must not be parked within 20 feet of the inside edge of the closest intersecting sidewalk. The "corner clearance" ordinance is designed to provide clear visibility and ease traffic flow at intersections.

Too close to a stop sign or Traffic Signal - vehicles are not allowed to park within 30 feet of the approach side of a stop sign or traffic signal unless otherwise indicated by a parking meter or traffic sign.

**Blocked driveway** - vehicles are not allowed to park within 5 feet of a private road, driveway, or alley.

Blocked fire hydrant - vehicles are not allowed to park within 10 feet of a fire hydrant.

On a sidewalk - vehicles are not allowed to stop on sidewalks, sidewalk crossings or boulevards.

These ordinances discourage motorists from leaving their vehicles in a manner that would pose a safety threat or inconvenience to other drivers or pedestrians

# Lindley Park Items for Sale

Show your neighborhood pride!

- Lindley Park T-Shirts (\$15)
- History of Lindley Park books (\$12)
- Bumper Stickers (\$3)

All items are sold at Bestway, with the t shirt proudly displayed at the front of the store!

## **Open Letter**

(continued from page 4)

Well, they have torn down that old school recently, cleaned the property, left the trees that were there, planted grass, and play equipment for children that was put there previously, which was in real good shape, was left there, and a parking area was put there and it is a wonderful place for people to take their small children to play. I took our 2 dogs on a walk through it a few week ends ago, and I was amazed at how nice an area it is and a wonderful area to walk on the property and let children have a place to play. I think this is what should be done after Craven is demolished, put up a nice swing set, or gym set for children, let the grass grow, leave all the current trees there.

I think trying to make a community garden will not really be a very good thing to do, and it sort of narrows down the citizenry that would be involved in that type of effort, much less the expense involved for just a narrow amount of people that would be involved in it. For one thing, those vandals will come back around and try to destroy it like they did this school building. Plus the fact that with all of the drought we have been having, it is going to take a whopping amount of city water to keep it growing and if rationing starts, then all you have is an unsightly, brown garden, and it will look as bad or worse than what we have now in this unsightly, unused building.

Why not make it easy on yourselves and make a children's small playground out of it, for all of the young couples with children we have now days. You already have plenty of parking there and all you would have to do is mow the grass once in a while, if we get enough water for it to grow, and if not then you wouldn't have to mow it as often.

Simplicity and the best use of money in this unknown economy is the way to go. Be wise. Help simplify and beautify our neighborhood, please.

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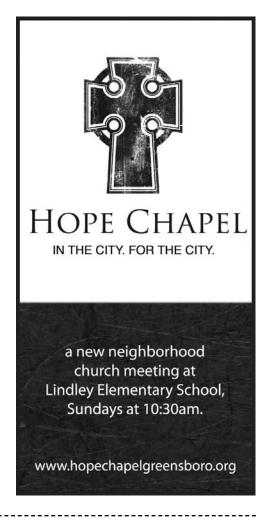
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## **Clean Stream**

## By Elizabeth Link

On Labor Day morning, around 8:30 a.m., I walked down Springwood between Lindell and Willowbrook and found that the stream running through the park was filled with foam. A three foot high pile of suds bubbled at the base of the culvert running under the road, and I tracked the foam up to the corner of Lindell and Spring Garden St., where the stream emerges from a storm drain. It being a holiday, I didn't think I'd be able to get anyone from the City to come out and investigate, so I snapped some pictures with my phone. The next day I called the City helpline (373-CITY) and emailed my photos to the contact they gave me in Water Resources. A couple of days later I was contacted by Joshua Brigham in the Water Quality Division of the city's Water Resources Department.

Joshua informed me that workers from the City had visited the stream the day I called, but since there had been some rain in the interval, there was nothing to be found. He said that since there had been previous calls about pollution incidents in the stream, they would like to monitor it more closely.

...continued on PG 10

# **Cooperative Extention Classes**

#### **DISHING THE DIRT**

- MAKING GARDEN SOIL OUT OF RED CLAY

Healthy soil is the key to healthy plants. Turning red clay into great garden soil isn't magic – it just takes some information about basic soil science, soil testing and interpretation, and sustainable soil management practices.

## **Dates Time Location**

Oct. 4th	6:30 pm	Cooperative Extension
Oct. 6th	6:30 pm	Bur-Mil Wildlife Education Center
Oct. 16th	4:00 pm	Greensboro Arboretum Education
		Bldg.
Oct. 17th	6:30 pm	Kathleen Clay Library

#### INTERESTED IN YEAR ROUND GARDENING?

Did your parents or grandparents have a Victory Garden? Are you tired of the high price of vegetables from the grocery store? Take a little time in this slower gardening season to learn how a bit of planning will let you grow fresh vegetables for your family's table all year long.

## **Dates Time Location**

Oct. 25th	6:30 pm	Cooperative Extension
Nov. 3rd	6:30 pm	Bur-Mil Wildlife Education Center
Nov. 6th	4:00 pm	Greensboro Arboretum Education
		Bldg.
Nov. 7th	6:30 pm	Kathleen Clay Library



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## **Lindley Elementary Auditorium Renovation**

Did you know that Lindley Elementary School, built in 1928, is the oldest elementary school in Greensboro? This neighborhood school is a special gem, and an active PTA community is dedicated to making Lindley an amazing place for children to learn and grow.

The school is blessed with a wonderful, although outdated, auditorium that has soaring thirty foot ceilings and seats 350 people. The auditorium is the heart of the school, as it is the gathering place for all school-wide functions. This historical auditorium is so special, but it is in dire need of some updating and aesthetic enhancements. The PTA has recently begun the process of renovating this space. Plans include painting, improving the acoustics with acoustical sound panels, adding window curtains, and updating the AV equipment. The PTA has raised \$24,000 through various fund raisers, and will be able to make some substantial improvements with this money. The goal is to have the improvements completed by February 2012. For those of you who have contributed to this project, the Lindley PTA extends a giant "THANK YOU!" If you have not contributed, and are interested in helping with this important project, please contact Kishie Wyatt at kkishiewyatt@triad.rr.com, 273-1816. All donations are tax deductible.

We will keep you posted on the transformation of Lindley Elementary's auditorium. Great schools make great neighborhoods!

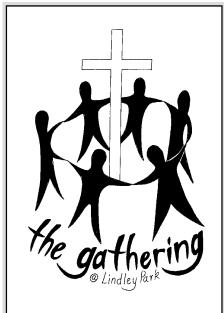




# **VIC card for Lindley**

If you shop at Harris Teeter and have a VIC card, show your support for Lindley Elementary School! When customers purchase select Harris Teeter Brand products using their VIC card, Harris Teeter contributes a percentage of those purchase dollars to the schools of their choice. Schools use the money as they see fit on anything from basic supplies to band equipment or computers. It's easy, simply sign up on line, or ask the Harris Teeter cashier to link your card to Lindley Elementary, code 2872. A small effort like this can add up to hundreds or even thousands of dollars for our local school.





Worship with us Sundays at 11 a.m. Gathering to worship ... Departing to serve.

Lindley Park Baptist Church



## **Meet Your District Four Candidates**

## **Tony Collins**

Occupation: Manager

Education: Appalachian State University BS Business Administration 1980,

Page High School 1976

Age: 53, Affiliation: Republican

## Message to Voters

I'm running for City Council because I believe that we can do better. We can do better by dialing up our efforts to create jobs and by dialing down the rhetoric on the issues that divide us. We can do better by looking to the future while we watch the bottom line.

## Top 3 Issues

Local Job Creation Good Stewards of Public Funds Operate in a Respectful manner

### **Nancy Hoffmann**

Occupation: Executive Recruiter--Managing Director

Education: BA--Winthrop College, MEd--University of South Carolina

Age: 69, Affiliation: Democratic

## Message to Voters

I am running for City Council because the citizens of Greensboro deserve a council that makes decisions only after thoughtful study.

## Top 3 Issues

Business Recruitment/Job Creation Level the Playing Field Listen and Act

Mary Rakestraw -- Did not provide information to this site.

Information obtained from Greensboro 101 website http://www.greensboro-councilcandidates.com. District map can be viewed here: http://www.greensboro-nc.gov/modules/showdocument.aspx?documentid=741

## **Clean Stream**

(continued from page 7)

He gave me his telephone number and the number of a coworker, and asked that they be called if other pollution events are seen in the stream.

The stream feeds into Buffalo Creek at the Arboretum, and waters from Buffalo Creek enter the Haw River east of Greensboro. The Haw travels east to Raleigh and Jordan Lake. Pollutants entering our little creek will travel far from their source and affect fish and wild-life along the way. Since we don't know what substances are being spilled into the creek or how often, we don't know how serious these incidents are. It would be good to find out, but it will take some help. I'd like to ask anyone who sees foam or odd colors in the creek to call these folks as soon as possible so that they can come out and take samples to try to identify the pollutants and the source.

Please call Joshua Brigham at 333-6577, or Rebecca Wells at 373-2516, for incidents during the week day. Or you can call the city helpline - 373-CITY - t o report it. For incidents at night, holidays, or weekends, you can call the city non-emergency number - 373-2222. Thanks for your help.



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# **October Gardening Tips**

#### Ornamentals

- Plant pansies to add color to your yard for fall, winter, and spring months.
- Groundcovers will become well established when planted now.
- Fertilize spring flowering bulbs at planting time with a balanced fertilizer.
- Perennials can be divided and transplanted now.
- October is a good time to set out new landscape plants be sure to loosen roots on container grown plants and situate the top of the root ball a little above the soil line.
- Dig and store bulbs such as dahlia and caladium.
- Plant flower seeds this fall for Bells of Ireland, Cornflowers, Johnny Jumpups, Larkspur, Lunaria, Nigella, Cornflower, and Sweet Peas. These plants need the cold of winter to properly develop in time for next spring.
- If you have a water garden, cover it with a light mesh netting to keep falling leaves out of pond.
- Do not prune shrubs except to snip off an occasional stray shoot.
- Pot bulbs for winter forcing place them in the refrigerator where they will be exposed to a constant cold temperature for approximately 12 weeks this winter.
- · Plant spring flowering bulbs such as tulips, daffodils, crocus and hyacinths when the soil temperature drops to 60 degrees F. or less.
- Take cuttings of begonias, coleus, geraniums, and impatiens to root and grow indoors during winter.
- Help trigger roses into dormancy. Stop deadheading spent flower and allow rose hips to form.

#### **Edibles**

- You can start salad vegetables in a cold frame and enjoy them all winter.
- Start filling compost bin with spent vegetables and fall leaves.
- If you still have green tomatoes you can either fry them up like a true Southerner or wrap each in an individual sheet of newspaper and store in a cool dry place check weekly for ripening.
- Harvest green tomatoes. Wrap individual fruit in newspaper and place in a cool dry place until ripened. Check periodically for rot.
- Plant garlic and bulbing onions for harvest next summer.
- Dry sweet potatoes before frost.
- Order fruit trees and grape vines for delivery in February or March.
- String remaining hot peppers by tying a string to each stem and then hang to dry in cool location.
- Okra pods can also be hung to dry as they make great additions to dried floral arrangements.

## Lawns

- If you haven't already, take a soil sample.
- Lime according to soil test lime applied in late fall-early winter will be incorporated due to the winter rains and alternating freezing and thawing.
- Mow newly seeded lawns when the turf gets to about 4 to 5 inches. Set blades at 3 inches and mow weekly.
- Newly seeded lawns should either be raked or blown weekly to prevent leaves from smothering new grass.
- If not overseeding, apply a preemergent herbicide to established lawns to control chick weed.
- Warm season lawns like Bermuda, Centipede and Zoysia can be overseeded with annual ryegrass.

Timely Tips from a Professional Gardening Expert Karen Neill, Extension Agent Agriculture – Urban Horticulture Guilford County Cooperative Extension, 336-375-5876

# **Loose Leaf Collection Program**

The Field Operations Department conducts its annual Loose Leaf Collection Program Leaf Collection this fall from November 14 to January 27.

Leaves that are curbside by:

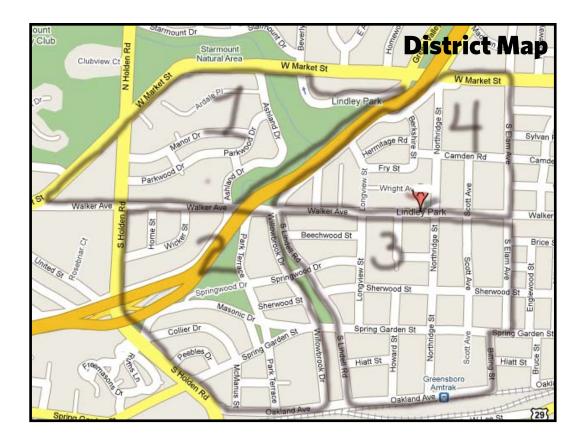
- November 14 will be picked up by December 17.
- December 19 will be picked up by January 27, 2012.

The leaf collection program helps keep leaves from blocking storm drains and prevents decaying leaves from polluting our lakes and streams. The collected leaves are made into compost to fertilize City gardens and landscaped areas. Residents may purchase the compost at the White Street Landfill, 2503 White St. or by calling 373-2489.

It's easy to use the Leaf Collection Program. Follow these tips:

- Rake leaves to the edge of your yard behind the curb not in the street.
- Remove sticks, rocks, and other debris that may damage City equipment.
- Do not park vehicles on, in front of, or near leaves.

Greensboro residents can also use the City's year-round yard waste program. Simply put your leaves in clear plastic bags or in a plastic or metal garbage can and set them at the curb on your regular trash collection day.



## **Lindley Park Neighborhood Association Supporters, 2011**

With neighbor support, the association is able to sponsor the annual Easter Egg Hunt, Spring Fling, Fall Fest, and Holiday Luminaries. Your contributions also helped launch our Lindley Park Web site.

Greg & Allison Chabon
Tony Horney & John Neal
Annie Cahill & Neil Swenson
Allison & Bobby Greiner
Amy Conley
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Cathy Branscom
Ginny Gaylor & Joe Barvir
Kerry Dumich & Joan Glynn

## 2011 LPNA CONTRIBUTION FORM

Now's a good time to make a contribution to your neighborhood association. Please fill out the form and mail it with your check to the address listed below. If you'd like to be involved with any of the committees, or activities, please check your preference.

Name(s):				Address:	
Email:				Home Phone:	
PLEASE CHECK YOUR IN	NTEREST(s):				
☐ Environmental Issues	☐ FUN-raising	☐ Park Preservation	☐ Website	☐ PublicSafety/Public Words (speeding, burglary, sidewalks, etc	;)
☐ Zoning Issues ☐ Neig	ghborhood Loing	Range Plan 🗖 Social	Activities (spr	oring, fall events & Christmas Luminaries)	
☐ Newsletter Volunteer -	— help distribute	in your area			
\$\$ household contributio	n enclosed (\$15 :	suggested) \$	_ Date:		
Please make checks paya	ble to LPNA and	mail to: LPNA c/o Paln	ner McIntire, 6	622 Scott Ave.Greensboro NC 27403	