

COLUMNS

The Lindley Park Neighborhood Newsletter

lindleyparknc.com/newsletter



Apple blossoms blooming at the Arboretum

SPRING 2019

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LINDLEY PARK NEEDS YOU!

JOIN THE INSTAGRAM TEAM

We're looking for a few good Instagram-savvy neighbors to post regular Lindley Park-related content to the LP Instagram account. If you're interested, email Jessica at newsletter@lindleyparknc.com and she'll fill you in on the details. In the mean time, follow us [@lindleyparknc](https://www.instagram.com/lindleyparknc)!

REP YOUR DISTRICT

We are in need of a District 3 representative. If you live within the borders of S Lindell Road, Walker Avenue, Elam Avenue, and Spring Garden Street and are interested in volunteering for this role, please contact LPNA Chair Adam Spivey at chair@lindleyparknc.com



GIVE TO THE LPNA

The hallmark of our neighborhood is its residents' generosity of time and energy when it comes to making our events successful. Without those efforts, no doubt our events would fall flat. But as it does make the world go 'round, we also need *money* to make those events happen.

Your financial contributions allow us to keep events like the Easter Egg Hunt, Spring Fling, National Night Out, Chili Cook-off, and December Luminaries completely FREE for anyone, in our own and surrounding neighborhoods, who wants to attend.

Please consider donating to the LPNA. A form can be found on page 4 or you can donate online at lindleyparknc.com/support

We have several opportunities available for YOU to become more involved with the LPNA!

BECOME A NEWSLETTER CONTRIBUTOR

We're always in need of quality written and photographic content for the COLUMNS. In fact, one of the reasons we are now moving to quarterly issues instead of bi-monthly is because we just don't have enough content to fill six issues per year.

If you'd like to become a regular contributor to the COLUMNS, or if you simply have a story idea, anecdote, or photo that you would like to have considered for a future issue, email Jessica at newsletter@lindleyparknc.com

It's the little things

contributed by Stephen Johnson

You can pretty much find me outside most days of the week. Feeding the chickens, watering and weeding the beds, opening the hoop house (it can get to 90F/32C even in winter), or sorting and (hopefully) eliminating the inevitable just-in-case pile that has built up over the last few months. In March and April there is also the continuation of seeding and potting up transplants as I move from winter greens to the spring abundance that is North Carolina. Any website written for a Northern hemisphere temperate gardener typically has a similar long list of to-dos for the next few months: mulching, pruning, cutting, seeding, digging, prepping, pulling. All very active words. If you are not careful you can get exhausted just reading them.

When I start reading modern gardening how-to books (i.e., anything written from the Victorian Age onwards) I often feel inadequate to the task of modern gardening and growing. There just seems too much to do and I wonder how I am going to squeeze it into my life. YouTube and those "perfect garden" sites and magazines don't help. I suspect that most of us feel this way, and as a result many of us give up and put growing and gardening in the "too hard" or "not enough time" basket. It feels like another heavy imposition on our days. I have conversations with folks about how overwhelmed they would feel with all the space and different things I grow. Some days it feels that way to me.

I recommend practicing "laziness" in the garden: Stop, and take the time to smell the roses.

It has taken quite a bit of relearning, and frankly just vegging, to remember why I enjoy being in the garden, surrounded by things I'm growing. I use the word relearning because I can clearly remember what it was

like when I was 8, 9, 10 years old digging around in the backyard, in amongst the fruit trees, grape vines, and other plants my parents grew at the different houses we lived in.

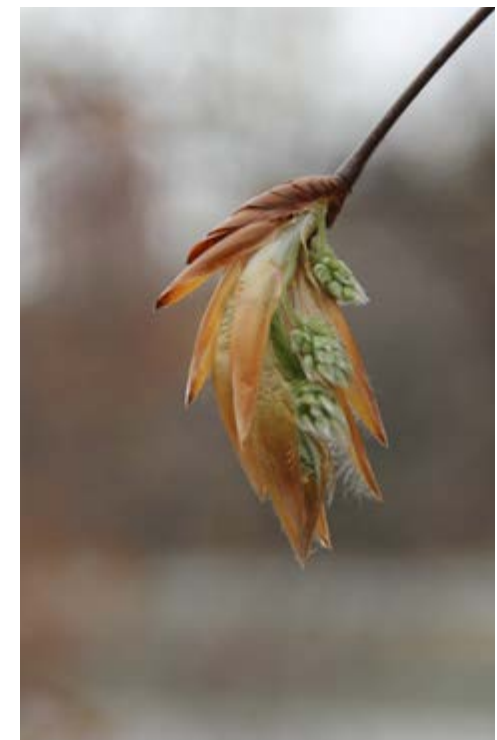
Sure, there's the joy and accomplishment of getting a big job done, the planting, seeding, mulching— the things "for the future." It's a lovely "adult" feeling. But it's the day-to-day little things that I actually find inspire me; that recharge me for another time; that keep me going.

Nowadays when I loosen up the soil for the next crop I'm just as likely to spend time with my knees getting wet and muddy watching the worms wriggle through the mulch. Or the sow bugs scramble out from under a piece of wood. Or the scramble of hundreds of garden spiders when I move the fleece from over the arugula. Or the bees drinking water to take back to their hives from the many puddles I have. Or enjoying the taste of a lettuce leaf from my crop thinning. There are always the robins to watch, hopping around in the mulch looking for food. It's these moments, the little moments that seem so much more consistent and more

important to my sense of achievement—and they can be there whether I am tending my 1/2 acre of rows, or a few potted herbs on my deck.

So, I recommend practicing "laziness" in the garden, and in the words of Ringo Starr "Stop, and take the time to smell the roses".

Stephen is your Lindley Park neighbor and head farmer at Elam Gardens. He recommends night walks in the yard (especially under a full moon), a hand-held microscope for taking a closer look at the little things, and "The No-Work Garden" by Bob Flowerdew to help you rediscover the small pleasures in gardening.



YOUR LPNA TEAM



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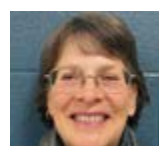
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District 4: Gavin Reardon
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Thank you!

LPNA Supporters as of 3/20/2019

- Stephen Johnson & Marnie Thompson
- Michael Adams
- Jack & Shera Osborne
- Nicole & Tim Vangel
- JP & Palmer McIntyre
- Monica Scovell & Josh Sherrick
- Tim & Diane Jenkins
- Gertrude Beal
- William Dixon Jr
- Norman B Smith
- Bill & Michelle Schneider
- Bernie & Meg Sisk
- David Terrell
- Diane Shields
- Jennifer Heaton
- Justin Harmon
- Bill & Patti Eckard
- Blake & Kristin Sagar
- Anne Sparks-Baumgartner

2019 LPNA CONTRIBUTION FORM

Your generous LPNA contributions fund all of our social activities as well as this very newsletter. Suggested amount is \$15 per household, but any amount is appreciated! Please fill out the form below and mail it with your check to the address listed, or bring it to a monthly meeting! You can also contribute online at lindleyparknc.com/support.

Name(s) _____

Name(s) _____

Address _____

City, State, Zip _____

Email _____

Phone _____

Donation Amount _____

If you'd like to get involved with any of our neighborhood events or community issues, please check your area of interest.

- Newsletter Contributor
- Newsletter Delivery
- Community Watch
- Environmental Concerns
- Public Safety/Zoning
- Historic Documentation
- Other _____
- Instagram Team
- Events
- Trash Pick-up
- Kids Programs

Make checks payable to **LPNA** and mail to: LPNA-Blake Sagar c/o Farlow Marlowe & Co PLLC 4125-D Walker Avenue, GSO, NC 27407



The 11th Annual Spring Fling will be held Saturday MAY THE FOURTH from 4:00-7:00PM!

So charge up your light saber and hover on over to the park in your Landspeeder for some neighborhood fun and food! We'll have a pig the size of Jabba the Hutt cookin' on the spit and enough delicious side dishes that even Darth Vader will crack a smile.

Speaking of side dishes... let us know what you can bring by signing up here: <https://tinyurl.com/2019sf-sign-up>

If you'd like to lend a hand with this event, contact Josh Sherrick at events@lindleyparknc.com

12th ANNUAL LINDLEY PARK



Saturday, June 1

It's that time of year again! Time to clean out your closets, garage, and attic to make room for more stuff!

But before you chuck everything in the trash just to be done with it, why not consider joining the neighborhood yard sale instead? Don't think you have enough stuff? Grab a neighbor (or two), make a pitcher of lemonade, and sit back and watch the dollars roll in! Just make sure your table is set up in front of your house by 8:00AM the day of the sale to make sure you don't miss those early bird buyers!

And of course, if you make enough to share, please consider a donation to the Lindley Park Neighborhood Association. All contributions help to fund neighborhood events and activities.

The yard sale is sponsored by Lindley Park resident, Patti Eckard of REMAX REALTY CONSULTANTS. Directional signs and flyers listing all the locations will be provided to you free of charge.

The sale will be publicized via Facebook and Nextdoor.com, and in the Greensboro News Record.

To join the yard sale, contact Patti Eckard by Tuesday, May 28th. **336-632-1448** or patti.eckard@gmail.com

Prepping Your House for Sale?

Try the KonMari Method

contributed by Leslie Stainback

Undoubtedly, one of the biggest challenges sellers face when listing their house is decluttering. However, removing your personal décor makes your home more sellable, allowing buyers to imagine themselves living in the house.

If you're planning to sell soon, you're in luck! Marie Kondo, the inventor of the KonMari Method -- recently landed a Netflix series that's all the rage now, called: Tidying Up. On the show, Marie gives families practical tips and techniques for sorting through years of accumulated possessions collecting in their homes.

What is the KonMari Method?

Most decluttering techniques recommend a room-by-room or little-by-little approach. Although these methods can be effective for some, it may take much longer to have a clutter-free home. That's time you don't have when you're prepping your home for a sale.

The KonMari Method is different. Kondo explains, "The KonMari Method™ encourages tidying by category – not by location – beginning with clothes, then moving on to books, papers, komono (miscellaneous items), and, finally, sentimental items. Keep only those things that speak to the heart, and discard items that no longer spark joy. Thank them for their service – then let them go."

Kondo initially introduced her approach in Tokyo as a 19-year-old college student. Now, people all over the world are embracing her technique because it's effective, and also because they're drawn to the idea of being more intentional and introspective – mind set that Kondo encourages.

KonMari Your Move

When you subjectively look at all of your belongings, you can sort through the things that mean the most to you. By doing so, not only will you increase space for more 'joy-bringing' items in your new

home, it will also make it much easier to pack for your move. As you sort through the more sentimental items you wish to keep, consider packing

them away to ensure you know where things are. This way, they are safe during open houses and showing appointments. This will also cut down on the amount of packing you need to do right before you move.

Remember, when selling your house, first impressions matter. Before you or your agent schedule a photographer to take photos for your listing, be sure to 'tidy up' and make sure to tour your home with fresh eyes.

The bottom line: Whether you are selling your house to move into a larger one, downsizing, or moving in with family, only bring the items that truly spark joy for you. Your new life will be more simplified, and your house may sell even faster!

Leslie is your Lindley Park neighbor and aspires to have closets as tidy as Marie Kondo.

"Keep only those things that speak to the heart, and discard items that no longer spark joy. Thank them for their service – then let them go."

-Marie Kondo

Nobody knows your neighborhood Better than your neighbor



For more than 16 yrs I've been honored to work with many of my neighbors, helping to buy or sell their home. For exceptional service, knowledge of the neighborhood and results, please give me a call.

Patti Eckard
336-339-5927
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Help Us Fill Every Basket contributed by Kathy Newsom

It's no secret that Lindley Park is a unique place to live. Some things are obvious, like bustling local businesses, the beautiful arboretum and the recreation center with a public pool. Some things are less obvious but contribute mightily to the flavor of the community. One of those things is diversity. Take a look around and you'll find that your neighbors are as likely to be the owner of the coffee shop as the barista; a UNCG professor as a grad student. Within our bounds are historic mansions, modest bungalows, and ranches, as well as apartments, rental homes, and trailer homes.

At The Corner Market we take pride in creating an environment that connects neighbors of all kinds. Everybody eats, right? Well, hopefully the answer to that is "yes," and one of the ways we help make that happen is our Green for Greens program.

The program doubles food dollars for our customers who are SNAP/EBT recipients. Thanks to donations to our Green for Greens fund, we're able to match either EBT funds or cash on hand for any customers who receive SNAP (the USDA's Supplemental Nutrition Assistance Program, formerly known as food stamps) benefits, up to \$50 each week. So if you have \$50 available on your EBT card, we will match you an additional \$50, for a total of \$100 worth of tokens to purchase food products from our vendors. These tokens can be used to purchase eligible food items such as fresh produce, meat and eggs, baked goods, prepared foods and even edible plants. Just come to our information booth, show us your EBT card and we'll get you started.

The Green for Greens program is currently completely community funded. Through donations small and large we double food dollars for about 5-10 families a week. And the buck doesn't stop there. Every dollar also pays a local farmer, baker or other small food business for their goods. Talk about investing your money locally!

If you (or your church, civic group or business) are in a position to help, please visit our website at cornermarketgo.com to make a tax deductible contribution to the Green for Greens fund. Donations may be mailed to:

The Corner Farmers Market
c/o Stephen Johnson
712 S. Elam Avenue
Greensboro, NC 27403

...better yet, come visit us at the market and donate in person, we'd love to see you!

"At The Corner Market we take pride in creating an environment that connects neighbors of all kinds."

The Corner Farmers Market was established in 2013 in the parking lot of Sticks & Stones. We are a year-round, rain or shine market every Saturday morning til noon. We offer activities weekly for kids and are dog friendly. And if you arrive before 11 am, pop inside Sticks & Stones to get the yummiest breakfast in town made with lots of local ingredients from our farmers.

Kathy is your Lindley Park neighbor and the coordinator of the Corner Farmers Market.



Schedule a complimentary portfolio review.



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Financial Advisor
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May 16th is National Do Something Nice For Your Neighbor Day

Consider a nice gesture such as: taking out
or bringing up their garbage cans.
Offer to walk their dog. Pick them a bouquet
of flowers (preferably not from their yard, haha).
Take them a basket of homemade
(or from SG bakery!) muffins.
Simply stop by to say "hello".



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Bali

ISLAND OF THE GODS

contributed by Christina Brown

Bali, The Island of the Gods. A place where the air is thick with incense and flowers and the people greet you with a smile and a bow. *Selamat Pagi...* “good morning”, is spoken to you by everyone you pass. The sounds of tropical birds wake you up way before you might rouse your head here at home. It is beautiful and sacred. Truly one of the most amazing places I have ever visited.

My visit to Bali was a creative, cultural, and spiritual immersion into the Balinese culture. I attended a holistic retreat curated for women to encourage pause in our daily lives; the chance to become present with ourselves while being welcomed into another culture. My trip to Bali was all that and more for me. I am so grateful for the many moments of being encouraged back into presence and back into connection with myself. It was through this presence and connection that I was able to really see and experience the beauty and wonder of Bali.

I was inspired by the architecture, rich culture, and artistic traditions of the Balinese people. There was so much beauty to be appreciated from hand dyed textiles, wood carvings, painting, and incense making, to the tradition handed down through generations of daily offering making. Even as you walked

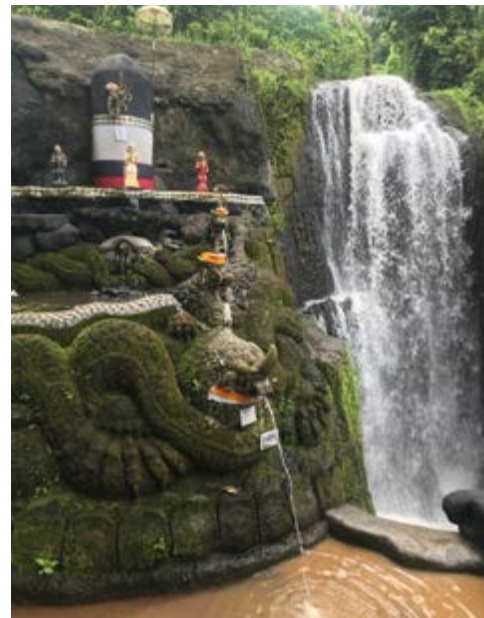
“...we travel, in essence, to become young fools again- to slow time down and get taken in, and fall in love once more.”

through the rice fields it felt like a creative landscape had been painted out in front of you in all colors of green with white Egrets tip-toeing in the marsh.

Primarily Hindu, the people in Bali have a deep respect for nature, their traditions, and religion. I saw offerings made daily to the gods: little ceremonies performed at the start of each day. As you walk the streets you see gatherings of women on doorsteps weaving palm leaves into baskets and filling them with flowers for a future offering. Each home is adorned with a flower offering filled with incense; each meaning something unique to the maker.

My trip took me into Balinese homes to learn offering making, and traditional

dance and music. We were welcomed with a spread of food; freshly harvested coconuts and handmade bamboo straws to drink from. We were able to spend a day at the recently opened Kim's Women's Center, a place for women who have suffered abuse and trauma. These women have transformed what used to be a trash dump into a home where they are now able to live together in peace and happiness with their special-needs children. Spending the day there helping to paint signs for their gardens and shop while listening to the women share their stories was one of my most cherished days in Bali.



I had some deeply profound personal experience in Bali as visited sacred temples and waterfalls. These experiences I will carry with me for the rest of my life. I also deepened my belief that at the end of the day, presence and connection with one another is what matters most. What matters is true connection and lighting the way for another to forge their own path through life on their deeply personal soul journey. Each of us, no matter where we live and what has happened in our lives are all on the same life journey. We all desire to be seen and accepted, and we all hope for happiness and love. Pico Iyer describes travel and the human experience beautifully:

“We travel, initially, to lose ourselves; and we travel, next to find ourselves. We travel to open our hearts and eyes and learn more about the world than

our newspapers will accommodate. We travel to bring what little we can, in our ignorance and knowledge, to those parts of the globe whose riches are differently dispersed. And we travel, in essence, to become young fools again- to slow time down and get taken in, and fall in love once more.”

I'm grateful to have been “taken in” by the beautiful and kind people of Bali. The experience changed me and they will forever hold a special place in my heart.

Christina is your Lindley Park neighbor and owner of Moonbird Soulful Living.



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Here Comes Peter Cottontail...

This year's Easter Egg Hunt will be held **Saturday, April 13 from 3:00-3:30PM** in the park at the corner of Springwood and Lindell.

Winners in each age group (0-3 years; 4-6 years; 7-10 years) will receive a prize basket for finding the Golden Egg.

Volunteers & Candy Needed!

Help stuff the eggs Sunday, April 7 at 2:00PM at Common Grounds. Bring candy and lots of hands!



The Lindley Park pool can be reserved for private events **Saturdays from 6:00-8:00PM.**

Maximum party attendance (on deck and in the water) is **75 people.**

Facility rental is \$150.

Additional lifeguard fees are:

- 1-25 people:
2 lifeguards required = \$60
- 26-50 people:
3 lifeguards required = \$90
- 51-75 people:
4 lifeguards required = \$120

To check pool availability, visit <http://tinyurl.com/gsofacilities> and click "Pool Reservations" under the "Aquatics" block or call 336-373-7501.

SWIM FANATICS SWIM CLUB

This year the City of Greensboro is partnering with Swim Fanatics to create a city-league swim team. Meets will be held at Lindley Pool July 12, 19, 26, and August 2. For more information, email contactus@swimfanatics.com

Swim Fanatics will also be offering swim lessons and Aquatic Group Exercise at various city pools this summer.

Visit swimfanatics.com for more information.



WHAT IS MY LINDLEY PARK HOME WORTH?

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NEWS FROM LINDLEY ELEMENTARY



SPRING CARNIVAL

The Annual Lindley Elementary Spring Carnival will be held **Friday, May 3rd from 5:30-8:30PM** on the school grounds.

There will be food, games, a silent auction, and live entertainment! The Carnival is open to the community, so mark your calendars and bring a neighbor! (Rain date is Sunday, May 5th.)

LINDLEY ELEMENTARY GARDEN

The spring growing season is upon us! The garden has been planted by many little hands, but we are always looking for volunteers to help maintain the garden. If you are interested in volunteering, please email Agee Milton at agee.milton@gmail.com

SUPPORT LINDLEY ELEMENTARY

Even if you do not have children enrolled at Lindley, a strong neighborhood school is good for our neighborhood!

As a neighbor, we ask that you consider supporting Lindley. There are a number of ways you can support the school. Here are a few:

1. Link Your Harris Teeter Vic Card

Our code is **2872** and you can link up to 5 schools. Link your account online at www.harristeeter.com/together-in-education or by stopping by Customer Service while you're in the store.



2. Link Your AmazonSMILE Account

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To link your account, log in to your Amazon account via Smile at <https://smile.amazon.com> then navigate to Account & Lists >> Your Amazon Smile >> Search Charities >> Select. Lindley Elementary is listed as "PTA North Carolina Congress Lindley Elementary PTA"

Be sure to bookmark and always login to Amazon via the Smile link otherwise your purchases will not count.

3. Collect Box Tops for Education

Clip those little symbols off of your grocery and home products and drop them off at the front office (Northridge Street entrance) or hand them over to the neighbor kids-- students who turn in the most box tops win prizes! Visit www.boxtops4education.com to see how much Lindley has collected this year.



Calendar of Events

- 4/19-26 - Spring Break
- 5/3 - Spring Carnival
- 5/27 - Memorial Day Holiday
- 5/28-6/10 - EOG Testing
- 6/4-5 - 3rd Grade Read to Achieve Testing
- 6/7 - Last Day of School

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Call or email Gary Silverstein (Gary@ersofnc.com) or Paul Swenson (Paul@ersofnc.com)



9th Annual Tour of Historic Homes and Gardens Comes to Lindley Park

May is National Preservation Month, and what better way to celebrate historic preservation in our community than with Preservation Greensboro's Ninth Annual Tour of Historic Homes & Gardens! Vintage homes in the Lindley Park neighborhood will open their doors to ticket holders on the weekend of May 18-19, 2019. The tour will highlight early twentieth century architecture and home design.

"Lindley Park stands among Greensboro's classic park-centered neighborhoods," says Benjamin Briggs, executive director of Preservation Greensboro, "its winding streets, sidewalks, parks, and shade trees are the legacy of landscape architect Earle Sumner Draper. Every major North Carolina city has a Draper neighborhood of esteem, and Lindley Park is ours!"

The tour is the flagship fundraiser for Preservation Greensboro. Information for our tour is below.

Tour Houses Include:

2617 Beechwood Street
608 Longview Street
810 Willowbrook Drive
612 Northridge Street
639 Scott Avenue
631 Scott Avenue

The Tour

The tour is a self-guided, allowing participants to explore each site at their own pace. Informed tour docent guides will be stationed throughout the homes to answer questions and to help participants make their way through.

For ticket information, see ad on adjacent page or visit <https://preservationgreensboro.org/tour-of-historic-homes-gardens>

Additional Events

- Lindley Park Tour Kick-Off Party*
Friday, May 3rd, 5:30-7:30PM
Frank Brooks residence
- 2019 Color Trends presented by Benjamin Moore Paints
Monday, May 6th, 6:30PM-8:30PM
Lindley Rec Center
FREE
- Secrets of Lindley Park Lecture:
Thursday May 9th, 6:30-8:00PM
First Moravian Church
FREE
- Tour of Homes Gala*
May 16th, 5:30-7:30PM
Scrambled
- Tour Of Historic Homes and Gardens Lindley Park*
Saturday, May 18th,
11:00AM - 5:00PM
Sunday, May 19th, 1:00-5:00PM

*purchase of ticket required to attend

For more information about these events visit: <https://preservationgreensboro.org/events> and select preferred date on calendar.

Bonus Event!

- Lindley Park Walking Tour
Wednesday, April 24, 7:00-8:30PM
Tour starts at 2700 Spring Garden Street under the iconic Lindley Park columns.

This is not a part of the Tour of Homes, but if you can't wait until May to get your Lindley Park history fix, join Preservation Greensboro's Urban Guide Rebecca Lowe on this walking tour that will detail the history and architectural styles of Lindley Park.

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LUNCH TRIANGLES • SMOOTHIES • HOMEMADE GRANOLA • BROWNIES
WRAPS • COOKIES • FRUITBARS

the gathering
@LindleyPark

Worship with us
Sundays at 11 a.m.
Gathering to worship ...
Departing to serve.

Lindley Park Baptist Church

TOUR of HISTORIC HOMES & Gardens **Lindley Park**

Vintage homes in the Lindley Park neighborhood will open their doors to ticket holders. The tour highlights charming examples of early and mid-twentieth century architecture.

Saturday, May 18th from 11am-5pm
&
Sunday, May 19th from 1pm-5pm

<u>Tickets</u>	<u>Patrons Plus Tickets</u>
\$25 for PGI members	\$75 for Patron Plus ticket.
\$30 for non-PGI members	This includes entrance to two great parties + one regular tour ticket.
\$35 for day of tickets	

Visit preservationgreensboro.org for tickets or call 336-272-5003.



Gene's Barber Shop

2412 Spring Garden
336-299-8669



Established 1956.
63 years of service to the neighborhood.
Walk-ins welcome or call for appointment.

Tuesday-Friday 8AM-6PM
Saturday 7:30AM-3PM

At your service:
Frank Dorrity, Ben Ma,
Jim Nelson, Bill Young, John Ma



Come join the fun! Friendly Swim & Tennis offers:

- Convenient location and outstanding facilities
- Unchanged fee structure with payment options
- Great swim team and coaches
- Lots of grass and natural shade
- NEW dedicated baby pool
- Free swim lessons
- Free high speed wi-fi
- Summer water polo and synchronized swimming teams
- Lots of healthy options from our Snack Bar



Friendly Park Pool

2215 Mimosa Drive
Greensboro NC 27403
<http://FriendlyPark.com>

For membership information or to schedule a tour, contact Holly Ballenger or Kate Wahlberg at membershipfpi@gmail.com

RABIES PREVENTION AND TREATMENT

As you may have heard, a rabid fox was captured in Lindley Park back in January. Unfortunately, before it was captured and euthanized it came into contact with and bit several people. Concerned neighbors have approached the LPNA about this issue, so we want to provide you with accurate information about the signs and symptoms of rabies, what you should do if you see a suspected rabid animal in our neighborhood, and what you should do if you or your pet come into contact with or are bitten by a rabid animal.

Rabies is a preventable viral disease that causes acute encephalitis (inflammation of the brain). The virus exists in the saliva of mammals and is transmitted by biting and/or scratching. The virus can also be spread by licking when infected saliva makes contact with open cuts or wounds or with the mouth, eyes, and nose. **If left untreated rabies is fatal in humans and animals.**

ANIMALS THAT CARRY RABIES

- fox
- raccoon
- bats
- coyote
- skunk

SYMPTOMS OF RABIES

- overt aggression and willingness to attack; constant irritability/changes in behavior
- physical weakness
- loss of coordination
- pica (eating things such as dirt, rocks, or items not typically thought of as food)
- seizures
- paralysis
- hydrophobia (literally "fear of water"), or the inability to drink even if thirsty
- excessive salivation or frothy saliva
- drooping jaw
- inability to swallow
- change in bark

Squirrels, rats, mice, hamsters, guinea pigs, gerbils, chipmunks, and rabbits have almost never been found to carry rabies and are not a known cause of rabies in humans.

If you think you have seen a rabies-infected animal, contact animal control immediately. To best aid the animal control officer, be able to provide the bulleted information listed in the next column.

IF YOU ARE BITTEN OR EXPOSED

Wash the wound thoroughly with soap and water and seek medical attention via the Emergency Department of your local hospital *immediately*. The ED is the **ONLY** place in Guilford County that has the vaccine. To aid the health care provider in assessing your risk, be able to provide the following information:

- geographic location of the incident
- type of animal that was involved
- how the exposure occurred (were you actually bitten, or did you touch a deceased animal)
- vaccination status of animal
- whether the animal can be safely captured and tested for rabies

The Rabies vaccination has a high success rate when the series is started soon after a bite or exposure. The vaccine, while uncomfortable, is administered in a large muscle (such as the buttock) of the patient.

IF YOUR PET IS BITTEN

Seek treatment from a licensed veterinarian *immediately*. Do not attempt to tend to your pet's wounds yourself.

If your pet has a **current** rabies vaccination, it will need to be re-vaccinated within **72 hours**. If your pet **does not** have a current rabies vaccination, you may opt to have your pet quarantined for six months at a licensed veterinary facility. Otherwise, as sad and unfortunate as it is, your pet will have to be euthanized. In either case you will need to contact animal control and report the incident.

PREVENTION

State law (NCGS 130A-185) requires that all owned dogs, cats, and ferrets must be vaccinated against rabies by four months of age. To prevent wild and feral animals from entering your yard and potentially coming into contact with your or your pets:

- Only feed YOUR animals. Do not feed stray or wild animals.
- Put all household garbage into receptacles.
- Make sure compost is thoroughly buried.
- Do not approach wild animals of any kind; enjoy wildlife from afar.
- Supervise pets so that they do not come into contact with wild animals.
- Do not try to separate fighting animals.
- Avoid strange and/or sick animals
- Leave animals alone when they are eating.
- Keep pets on a leash when out in public.
- If you find a dead animal in your yard, use a shovel or a plastic grocery bag to collect the animal and promptly bury it or dispose of it in a trash receptacle.

RABIES SHOTS AND CLINICS

Rabies shots can be received at the Guilford County Animal Shelter Monday, Wednesday, Thursday, Friday, Saturday, and Sunday from 2:00- 3:00PM.

Upcoming Clinic

Saturday, April 13, 9:00AM - 12:00PM
One year rabies shots are \$5. You can also have your pet microchipped for \$10. (Must show proof of ownership for microchipping.)

RESOURCES

Guilford County Animal Control

336-641-5990
www.guilfordcountync.gov/our-county/animal-services/animal-control

Guilford County Health Department


336-641-7777
 Sandy Ellington, Public Health Educator
 336 36-641-6667
www.guilfordcountync.gov/our-county/human-services/health-department
www.facebook.com/GuilfordCountyPublicHealth

Guilford County Animal Shelter

4525 W Wendover Avenue
 336-641-3400
www.guilfordcountync.gov/our-county/animal-services/animal-shelter
www.facebook.com/pg/GuilfordCountyAnimalShelter

University Animal Hospital would like to introduce

Have a ProHeart Thursdays!


 is a 6 month injectable heartworm preventative that also protects your dog from hookworms, roundworms and whipworms. Make your appointment any Thursday and receive


15% OFF!

Zoetis also provides up to \$15 in rebate points, which can be applied toward the purchase of other Zoetis products such as Revolution Plus (for cats), Simparica and Convenia, all of which have their own value rebate points. For pet parents on the go, Go ProHeart 6 for your dogs' internal parasite protection! To schedule your appointment today, please call 336-279-1003.

University Animal Hospital

— of Greensboro, PLLC —

CHRISTINE HUNT, DVM
 1607-B West Friendly Ave. • Greensboro • 336-279-1003
 Wellness Wednesdays for annual exam 10% discount
www.DrChristineHunt.com 




Calvary Church at College Hill

We are a diverse gathering of God-seeking people united in His love to serve others, build relationships and change the world.

Service
 Sundays at 4:30
Sunday School
 3:15pm
Small Groups
 week nights
College Ministry
 college hill fellowship

Lindley Elementary School
 2700 Camden Rd, Greensboro, NC 27403

(336) 939-0770
  @collegehillfellowship

Serving the residents of Lindley Park for over 30 years



BILL GUILL & ASSOCIATES
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Nigel Nelson 336.268.5454 | nigel.nelson@allentate.com

NEIGHBORHOOD CALENDAR

lindleyparknc.com/events-calendar

a p r i l
 m a y
 j u n e

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fools Day	2	3	4	5	6 Corner Farmers Market 8AM-12PM
7 Easter Egg Stuffing Party 2:00PM pg 10	8	9	10 Nat'l Siblings Day	11	12	13 Easter Egg Hunt 3:00PM pg 10
14	15 Tax Day	16	17	18 Nat'l Animal Crackers Day	19 GCS Spring Break	20
21 Easter	22 EARTH DAY GCS Spring Break	23	24 Lindley Park Walking Tour 7:00PM pg 12	25 Nat'l Take Your Daughter to Work Day	26 Nat'l Audubon Day	27
28 Nat'l Superhero Day	29	30 LPNA Community Meeting 6:00PM				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 May Day	2	3	4 SPRING FLING 4-7PM pg 4
5	6	7 Nat'l Teacher Appreciation Day	8 Nat'l School Nurse Day	9	10	11
12 Mother's Day	13	14 Nat'l Dance Like a Chicken Day	15	16 National Do Something Good for Your Neighbor Day	17	18 Tour of Homes 11AM-5PM pg 12
19 Tour of Homes 1-5PM pg 12	20	21	22	23	24	25
26	27 Memorial Day POOL OPENS!	28 LPNA Business Meeting 7:00PM	29	30 Nat'l Creativity Day	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Neighborhood Yard Sale page 4
2	3	4 Nat'l Cheese Day	5	6	7 Nat'l Chocolate Ice Cream Day	8
9	10 GCS LAST DAY	11	12 Nat'l Peanut Butter Cookie Day	13	14	15
16 Father's Day	17 Global Eat Your Vegetables Day	18	19	20	21 Summer Solstice	22 Solstice Festival 2:00-10:00PM
30	23	24	25 LPNA Business Meeting 7:00PM	26	27 Nat'l Sunglasses Day	28
						29

LAP SWIM
11:30AM-1:00PM

PUBLIC SWIM
1:00-5:00PM

CORNER FARMERS MARKET
8:00AM-Noon