

SPRING 2020

| IN THIS ISSUE | Park Beautification pg 5 | Spring Fling pg 1 |
|-------------------------------------|----------------------------|-------------------------------------|
| Aging In Place/Silver Saturday pg 2 | Home Selling Mistakes pg 6 | Lindley Park Pool Hours&Rates pg 11 |
| LPNA Contributors | Easter Egg Huntpg 7 | Neighborhood Yard Sale pg 1 |
| Think Before You Plant | Community Watchpg 9 | Lindley Elem. Spring Carnivalpg 12 |

YOUR LPNA TEAM



Adam Spivey chair@ lindleyparknc.com



Patti Eckard patti.eckard@gmail.com COORDINATOR vicechair@ lindleyparknc.com



FVFNTS AND CELEBRATIONS Josh Sherrick events@ lindleyparknc.com



SECRETARY COMMUNICATIONS Rebecca Medendorp communications@ lindleyparknc.com



Blake Sagar treasurer@ lindleyparknc.com



EDITOR & DESIGNER Jessica Beamon newsletter@ lindleyparknc.com



ADVERTISING Melissa Michos advertising@ lindleyparknc.com



NEWSLETTER DISTRIBUTION Joyce Eury joyceury@gmail.com



GOVERNMENT/ COMMUNITY LIAISON Bill Eckard community @lindleyparknc.com



HEALTHY NEIGHBORHOOD Flizabeth Link ezlink04@gmail.com



PARK UPKEEP COORDINATOR Charles Cameron beautification@ lindleyparknc.com



GSO CONGRESS Susan Taaffe



NEIGHBORHOOD REPRESENTATIVE

susantaaffe1@ gmail.com

DISTRICT REPRESENTATIVES

District 1: Leah Tompkins tompkins@03@yahoo.com

District 2: Diane Jenkins auntiedooberj@gmail.com

District 3: Meghan Brill meghanbrill@gmail.com

District 4: Gavin Reardon greardon@r2kslaw.com

GET INVOLVED!

UPCOMING LPNA MEETINGS

Business Meetings

April 27 & June 30, 7:00PM Kiosko

Community Meeting

May 26, 7:00PM, Rec Center

GIVE TO THE LPNA

The hallmark of our neighborhood is its residents' generosity of time and energy when it comes to making our events successful. Without those efforts, no doubt our events would fall flat. But as it does make the world go 'round, we also need money to make those events happen.

Your financial contributions allow us to keep events like the Easter Egg Hunt, Spring Fling, National Night Out, Chili Cook-off, and December Luminaries completely FREE for anyone, in our own and surrounding neighborhoods, who wants to attend.

Please consider donating to the LPNA. A form can be found on page 3 or you can donate online at lindleyparknc.com/support

CONTRIBUTE TO THE NEWSLETTER

If you'd like to contribute to the next COLUMNS issue, please email your articles, stories, or photographs to newsletter@lindleyparknc.com

Story Ideas

- a topic about which you are an expert, such as gardening or home renovation
- historical anecdotes about Lindley
- other social/community topics/issues that you think would be of interest to our neighbors

DELIVER THE NEWSLETTER

Contact Joyce Eury at joyceury@gmail. com if you would like to deliver the newsletter on your street, or perhaps another!

FOLLOW US ON INSTAGRAM

Like all the cool neighborhoods, the LP is on IG! Follow us. Tell your friends. @lindleyparknc

The COLUMNS is compiled, edited, and published by the all-volunteer Lindley Park Neighborhood Association. Each quarter more than 1,200 copies are hand delivered by your neighbors!

The COLUMNS is posted online at lindleyparknc.com/newsletter and you can sign-up to receive a copy in your inbox by using the SIGN UP button on our Facebook page, or email us at lpnagso@gmail.com

You can pick up a hard copy at Bestway, Common Grounds, Gene's Barbershop, Lindley Rec Center, Spring Garden Bakery, and A Special Blend.



@lindleyparknc



Aging in Place Pooking after our aging neighbors

contributed by Elise Eifert, PhD

n Saturday, April 18th, the Lindley Park Neighborhood Association is holding "Silver Saturday". This is a day dedicated to checking on our older neighbors and making sure they feel part of our neighborhood. In Lindley Park, we have many older adults who are "aging in place". Aging in place is when a person lives and ages in their residence of choice, for as long as they are able to.

A large body of research demonstrates that the social, economic, demographic, and physical characteristics of neighborhoods are influential to residents' physical and mental health, mobility, physical activity, independence, capacity to perform activities of daily living, and ability to participate in social activities. Neighborhood characteristics affect people of all ages, but older

adults may be affected more than other groups. Home becomes more important in old age, primarily because of personal limitations (e.g., health, mobility, and social networks) and place attachment. For older adults, ability to get from one place to another, the services provided (both in and out of the home... including medical care), and the ability to socialize with other people in their neighborhood are a few of the things that are important for aging in place.

The concept of neighborhood is not what it once was. The world is evolving (or devolving) more rapidly every day, and the pillars of strong neighborhoodssociability, sense of place, cohesion with each other, inclusivity- are disappearing. The loss of community and loss of connection to the neighborhood can be harmful to everyone but it can be particularly harmful to older adults who want to age in place.

The Lindley Park neighborhood that we know, and love was created by many of the residents who are currently aging in place. Some have been here for decades! Our neighborhood can support these neighbors by reaching out. Simple things like checking-in, assisting with yard work, sharing a meal, or inviting them to neighborhood events go a long way in creating a neighborhood that we all want to live in no matter our age.

We're all getting older. Some of us want to stay in Lindley Park forever. The things we do now to make sure our neighborhood is supportive of our aging neighbors will benefit each of us in the long run!

Thank You to Our LPNA Supporters! as of 2.29.20

Stephen Johnson & Marnie Thompson

Frank & Olga Fratoni Jack & Shera Osborne

Betty Dixon

Cassidy Price

Jack & Cindy Scott

Holt & Nick Wilson

Nicole & Tim Vangel

Kimberly Grove & Michael Cohn

Becky Gayler & Russell Ingram

Dana Gorham

Mike Adams

Gertrude Beal

2020 LPNA **CONTRIBUTION FORM**

Contribute online at lindleyparknc.com/support.

Your generous LPNA contributions fund all of our social activities as well as this very newsletter. Suggested amount is \$15 per household, but any amount is appreciated! Please fill out the form below and mail it with your check to the address listed, or bring it to a monthly meeting!

| Name(s) |
|------------------|
| Name(s) |
| Address |
| City, State, Zip |
| Email |
| Phone |

If you'd like to get involved with any of our neighborhood events or community issues, please check your area of interest.

| l | □Newsletter Delivery | |
|---|-------------------------|--|
| | □Community Watch | |
| l | □Environmental Concerns | |
| • | FIDURES Catabolizations | |

Donation Amount

□Events □Park Workdays □Kids Programs

□Public Safety/Zoning

☐ Historic Documentation □Other

Make checks payable to LPNA and mail to: LPNA c/o Blake Sagar, 2621 Springwood Drive, 27403



"Silver Saturday" - Lindley Park's Serve A Senior Day

Individuals and families are encouraged to take time out of their day on April 18, to impact the life of a senior. Put your talents, passions, and gifts to work in your neighborhood. Ideas for participation:

- Share in a conversation
- Help with a chore
- Lead an activity
- Make a craft or treat
- Perform or listen to music
- Enjoy a game
- Pick up items from the Corner Market

Are you a senior who would like to get a visit from a neighbor? Or a neighbor who wants to be connected to a senior? Please contact Elise Eifert at 618-780-2444 or eeifert82@gmail.com

Think Before You Plant 7 of the most invasive non-native plants contributed by Elizabeth Link

here's a lot of buzz in the gardening world these days about invasive non-native plants. That's a plant that is not native to our area, but which thrives in our environment and reproduces easily enough that it spreads beyond the areas that it is cultivated, and according to may National Park Service definition, may create "environmental or economic harm". Usually this harm is created by growing so aggressively as to crowd out native plants and habitat.

One of the best-known invasives is kudzu. First introduced as an ornamental in the late 19th century, it was promoted by the Civilian Conservation Corps starting in the 1930's to help with erosion control. Today it is estimated to have consumed more than 7.5 million acres of land in the southeast, overwhelming buildings, forests, and fields, earning it the name "the plant that ate the south". It continues to consume land - estimates range from 2,500 to 125,000 acres per year." For reference, the entire City of Greensboro is about 87,000 acres.

Some invasive plants have been brought here by the nursery trade as ornamentals, such as English Ivy, Japanese Honeysuckle, Privet bushes, and Bradford Pear. Others were brought accidentally, such a Japanese stilt grass. This plant was used as packing material for porcelains brought from China. When dumped aside in Tennessee in the early 1900's, its dormant seeds sprouted, and it is now found throughout the southeast and in 26 states.

Together, these plants may cover far more acreage than kudzu. They are crowding out native plants that are the basis of our regional ecosystem, that feed birds and other wildlife, and that feed the insects that many animals depend on as a food source. Doug Tallamy, a professor at the University of Delaware, has done research on the relationships between native plants and other creatures. His website, bringingnaturehome.net, has a wealth of information. His research has shown that while one of our native oak trees can support over 20 species

of caterpillar, a Bradford Pear or Crepe Myrtle (both natives of Asia) supports only one. This matters, because his research has shown that baby birds cannot digest seeds, but must have insects -mostly caterpillars - to reach adulthood. His students found that it took between 6,000 and 9,000 caterpillars to raise one clutch of Chickadees babies. Knowing that, I have never looked at an insect-damaged leaf the same way.

Just because a plant is not native doesn't mean that it's invasive, but a number of invasive non-natives are still being sold by nurseries today. Tallamy's website gives some options of native plants to use. The NC Native Plant Society's website (ncwildflower.org) has a lot of information about invasives and native plant options.

Here's my own list of top invasives to avoid:



1. English Ivy When it climbs trees can damage the tree. That's also when it blooms and puts out berries that get spread around to woods and other natural places. (Take a look at the photos on the next page to see the damage English Ivy can do!)



2. Bradford Pear A hybrid of the Callery Pear, native to China, it was supposed to be sterile, but is not. When

it produces new plants they revert to the Callery, a nasty tree with 2" thorns all over it. Has taken over many open fields and moved into forests in our area.



3. Japanese honeysuckle Introduced as an ornamental in the 19th century, it can survive in sun or shady woodlands and displaces native plants by smothering them and competing for water and nutrients.



4. Ligustrum Wax-leaved Privet and its relative Chinese Privet are natives of Asia and are widely used for hedges. Their small blue berries are eaten and spread by birds and rodents. In the woods they form dense thickets, and their evergreen foliage created year-round shade that eliminates plants that would otherwise use winter and early spring sunlight. The berries are poisonous to humans.



5. Nandina (also known as Heavenly or Sacred Bamboo) The bright orange berries of this native of Asia and Japan are also poisonous, containing hydrocyanide.

continues on page 7

Park Beautification Continues!







Spring 2020 Park Work Days

Saturday, April 4 Saturday, May 1 Saturday, June 6

8:30-10:30AM

Contact Charles Cameron at beautification@lindleyparknc.com with questions and for more information.

A note from Charles Cameron:

The park work day, on Saturday, February 1st, was a huge success! We have been working on removing the English ivy from the trunks of trees in the park. The ivy has been invading the trees for so long it is extremely rewarding to finally see the tree trunks. We can almost feel them sigh with relief! Without our help, the ivy will literally choke the life out of the trees

and eventually they could fall, causing wildlife habitat loss, and potential property damage. As you can see above, we really "attacked" the ivy!

To encourage neighbor involvement, we now have a park beautification raffle! When you attend a workday, your name will be entered into a drawing for a gift card to the farmer's market. February's winner was Dortch. Congrats!

Please consider joining us for one (or all!) of our next park workdays. Wear some old clothes and bring gloves. We look forward to seeing more of you!

pictured: Bill attacking the ivy; group: Dortch, Norman, Becca, Charlie, Elizabeth, Bill, and Luke the dog

3 Mistakes to Avoid When Selling Your Home

contributed by Leslie Stainback

t's exciting to put your house on the market and think about making new memories and designing a new space. However, many of us are surprised at how attached we actually are to the home we are leaving behind. Deep sentimental attachments to the look and decor, and the memories made in the homes we're leaving behind, can create emotions that need to be managed to have a successful closing.

Homeowners who are ready to sell need to know what it takes to avoid costly mistakes. Being truly prepared for the process can help you avoid some of the most common mishaps when your house is on the market.

1. Overpricing Your Home

When inventory is low, like it is in the current market, it's common to think buyers will pay whatever we ask.
Unfortunately, that's far from the truth!
Don't forget that the buyer's bank will send an appraiser to determine the fair value of your home. The bank will not lend more than what the house is worth, so be mindful that you might need to renegotiate the price after the appraisal.
My goal is to price your home so demand is maximized. Ask me about my "priced to sell in one day" strategy!

2. Letting Your Emotions Interfere with the Sale

Today, most homeowners have been in their house for an average of 10 years. This is several years longer than recent history, since many homeowners have been recouping from negative equity situations over the past 10 years. One surprising side effect is that living so long in one place causes more emotional attachment to your space. Life and family milestones that happened in the house create a lot of great memories and a lot of sentimental value. For some homeowners, that makes it even harder to negotiate. It is my job to help you detach your emotional value from the actual market value of your home and to help you with the negotiations in the process.

3. Not Staging Your Home

We love our houses and the décor and design we have used to make them feel like home. Unfortunately, buyers will not always feel the same way about those choices. That's why it's so important to make sure you stage your home with the buyer in mind. Buyers want to envision themselves in the space and that takes a more neutral canvas. If you know you need to declutter but need help getting started, I can provide resources to point you in the right direction. I will assist you in staging your home to get it sold!

Today's seller's market might be your best chance to make a move. If you're considering selling your house, let's get together and make a plan to help you navigate through the process while avoiding common seller mistakes.





DANNY'S TIRE & AUTOMOTIVE CENTER



YOUR LINDLEY PARK NEIGHBOR SINCE 1988

VETERAN & FAMILY OWNED & OPERATED

COME MEET YOUR NEIGHBOR!

VISIT OUR WEBSITE FOR MORE INFORMATION:



www.dannystireandauto.net

MENTION THIS AD AND RECEIVE \$10 OFF YOUR

NC STATE INSPECTION WITH AN OIL CHANGE

* WE ALSO SERVICE LAWNMOWERS *

1112 PARK TERRACE

336-292-1226

8:30 - 5:30 MONDAY - FRIDAY

continued from page 4

It has been known to kill birds that eat too many of the berries. Fortunately there are now some dwarf cultivars available that do not produce berries. Has escaped to woodlands and stream edges.



6. Eleagnus (also known as Silver Berry or oleaster) Two species, umbellata and angustifolia, are both Asian natives. They grow as large bushes or small trees, have leaves with silvery undersides, and thorns. They have escaped to fields and woods where they're good at sucking up nitrogen and other nutrients, making them unavailable to other plants.



7. Porcelainberry (also known as Amur Peppervine and wild grape) I recently heard the story of a woman who brought back a Porcelainberry vine from China, to be planted in our Arboretum on the vine trellis - a classic story of an invasive's introduction. This vine produces attractive clusters of small berries that may include purple, teal, and blue. It grows fast, has aggressive roots, and is as vigorous as Kudzu in smothering everything in its path. It currently covers the banks of Buffalo Creek in the arboretum and has spread downstream and around the city. This wasn't the only plant (which has since been removed) brought to the US - the vine has been listed as an invasive in states from Wisconsin to Georgia.

Here Comes Peter Cottontail...

This year's Easter Egg Hunt will be held **Saturday, April 4 from 3:00-3:30PM** in the park at the corner of Springwood and Lindell. Egg Hunt will start promptly at 3pm, and lasts only a few minutes.

Winners in each age group (0-3 years; 4-6 years; 7-10 years) will receive a prize basket for finding the Golden Egg.

Egg hiding April 4th at 1:00PM

Egg Stuffing Party

Help stuff the eggs **Saturday, March 28** at **2:00PM** at Common Grounds. Bring candy and lots of hands!





Having completed our 10th year of improving homes, we celebrate that 92 more families are enjoying 2020 with lower utility bills in warmer,

more comfortable homes!

From the ERS of NC Team, we THANK YOU!

www.ersofnc.com info@ersofnc.com (336) 365-2570





STROLLER STRIDES®

Stroller Strides is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60-minute workout is comprised of strength training, cardio and core restoration, all while entertaining the little ones with songs, activities and fun! You'll leave class feeling connected, successful & energized.

M/W/F 9:30AM AT THE ARBORETUM!

PIEDMONT FIT4 MOM COM | KELSEYBARRY@FIT4MOM.COM

WELLNESS WEDNESDAYS

Now University Animal Hospital is offering Wellness Wednesdays. Schedule your pet for a wellness visit either by appointment or using our convenient drop off service and receive a 10% DISCOUNT off of their nose-to-tail annual exam, vaccines, age appropriate blood work and internal parasite check. Early disease detection and vaccinations against infectious diseases will keep your furry loved one healthy.

University Animal Hospital — of Greensboro, PLLC ——



CHRISTINE HUNT, DVM

1607-B West Friendly Ave. • Greensboro • 336-279-1003 www.DrChristineHunt.com



Help Be the Eyes and Ears of Lindley Park

contributed by Joyce Eury



he live in a great neighborhood with a wonderful community feel, close to downtown, within walking distance to restaurants, shops, and parks.

However, the increased growth along Spring Garden Street seems to be having a negative impact on our neighborhood. Many neighbors have heard gunshots, or heard about gun violence, and sadly, even death and injury just a few short blocks from us.

In the last five years I've personally experienced house and car break-ins, and witnessed suspect drug activity near Howard and Sherwood Streets.

Unfortunately I'm not alone. Neighbors have experienced home break-ins, car windows smashed or broken into, cars stolen, and one couple was terrifyingly held up at gun point. Who could imagine that happening here in Lindley Park?

And yet, I'm hesitant to call the police. Why? Well, in the one instance, I wasn't 100% sure I was witnessing drug activity. Two, the cars that were broken into happened overnight (no one saw anything) and only some change was taken. My thinking was, "What would be the point of calling now? Nothing can be done", or "I'm taking focus away from more important things."

I recently had the opportunity to speak with one of our Community Resource Officers and gained some insight into what is "important". (Short answer: everything.) Law enforcement want citizens to contact them, even if it seems minor or after the fact and "nothing can be done." The fact is, if we don't call to report incidents, then our requests for more law enforcement presence seems unfounded. Patrols are based on statistics, but if there are no statistics, law enforcement sees no need to patrol our neighborhood. If they don't hear from us, they think everything is fine in Lindley Park.

As always, if you are in an emergency situation, call 911. But if it's something minor, you can call the non-emergency number. The dispatcher you speak with can you determine how the issue needs to handled, and/or send someone to speak with you if necessary. Either way, the incident is recorded and contributes to those all-important statistics.

Given the recent increase in incidents, I would like to head up a Lindley Park Community Watch. This will create a more organized approach for being the eyes and ears of our neighborhood.

If you are interested in being involved please contact me, Joyce Eury at communitywatch@lindleyparknc.com or 336-549-9307. You can also visit lindleyparknc.com/community-watch for more information.

Important Phone Numbers

Police Department Non-Emergency Line 336-373-2222

336-373-2222

District 1 Community Resource Officers

Officer DJ Williams 336-373-7707 David.Williams2@greensboro-nc.gov

Officer Phillip Watson 336-373-4645 Phillip.Watson@greensboro-nc.gov

Officer Larry Roberts 336-412-3919 Larry.Roberts@greensboro-nc.gov

District 1 Commander

Captain C.E. Williams 336-373-7626





Enjoy Custom Framing, Local Art & Unique Gifts

We Care About the ART of Framing!

% OFF
CUSTOM FRAMING SERVICES

Residents of Lindley Park Neighborhood

A Custom Framing Shop with an Artistic Flare! ALL Custom Framing is done In-House! Join us for our monthly Local **Art Events!**

> www.IrvingParkArtandFrame.com 2105 W Cornwallis Dr Suite A, Greensboro 336.274.6717



Don't forget ProHeart 6

Have a ProHeart Thursdays!



ProHeart 6 is a 6 month injectable heartworm preventative that also protects your dog from hookworms, roundworms and whipworms. Make your appointment any Thursday and receive

15% OFF!

Zoetis also provides up to \$15 in rebate points, which can be applied toward the purchase of other Zoetis products such as Revolution Plus (for cats), Simparica and Convenia, all of which have their own value rebate points. For pet parents on the go, Go ProHeart 6 for your dogs' internal parasite protection! To schedule your appointment today, please call 336-279-1003.

University Animal Hospital —— of Greensboro, PLLC ———

CHRISTINE HUNT, DVM

1607-B West Friendly Ave. • Greensboro • 336-279-1003 Wellness Wednesdays for annual exam 10% discount www.DrChristineHunt.com





The 12th Annual Spring Fling will be held Saturday, May 2nd from 4:00-7:00PM in the park at the corner of Springwood and Lindell.

Dust off your fancy hat and put on your white gloves and celebrate Derby Day Lindley Park style!

We'll have a slip-n-slide for the kids and other family friendly activities.

LPNA will be providing the pig and sandwich materials, but we will need neighbors to bring sides, toppings, and desserts. Let us know what you can bring by signing up here:

https://tinyurl.com/2019sf-sign-up

If you'd like to lend a hand with this event, contact Josh Sherrick at events@lindleyparknc.com



11:00AM - 5:30PM Monday - Saturday 1:00PM - 5:30PM Sunday

Weekends Only:

May 23 to June 7; August 29 to September 7

Six days a week:

June 7 to August 23 (Closed Mondays)

Public Swim:

Tuesday-Sunday, 1-5 pm

Lap Swim:

Monday-Friday, 11:30 am to 1 pm

Daily Admission

12 and under: \$1 13 and older: \$2

Summer Passes

Youth - \$30 Adult - \$50

Senior - \$30

Gene's **Barber Shop**

2412 Spring Garden 336-299-8669



Established 1956. 63 years of service to the neighborhood. Walk-ins welcome or call for appointment.

Tuesday-Friday 8AM-6PM Saturday 7:30AM-2PM

At your service: Frank Dorrity, Ben Ma, Jim Nelson, Joseph Reynolds, John Ma





It's that time of year again! Time to clean out your closets, garage, and attic to make room for more stuff!

But before you chuck everything in the trash just to be done with it, why not consider joining the neighborhood yard sale instead? Don't think you have enough stuff? Grab a neighbor (or two), make a pitcher of lemonade, and sit back and watch the dollars roll in! Just make sure your table is set up in front of your house by 8:00AM the day of the sale to make sure you don't miss those early bird buyers!

And of course, if you make enough to share, please consider a donation to the Lindley Park Neighborhood Association. All contributions help to fund neighborhood events and activities.

The yard sale is sponsored by Lindley Park resident, Patti Eckard of REMAX REALTY CONSULTANTS. Directional signs and flyers listing all the locations will be provided to you free of charge.

The sale will be publicized via Facebook and Nextdoor.com, and in the Greensboro News Record.

To join the yard sale, contact Patti Eckard by Tuesday, June 2nd at 336-632-1448 or patti.eckard@gmail.com

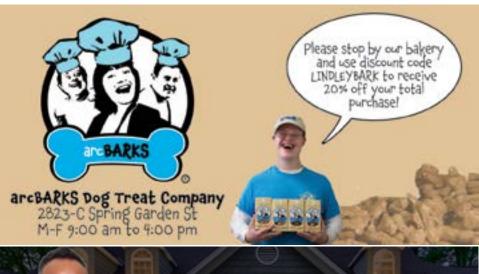


hands-on cooking classes

kids • tweens • adults

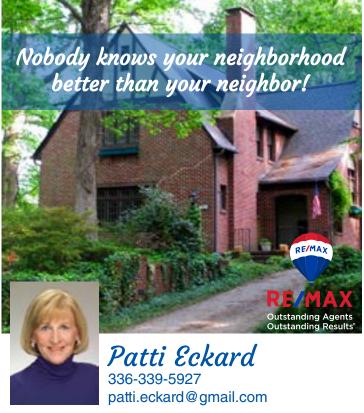
register at gcmuseum.com

SAVE 10% WITH CODE: LPA10









I've been honored to help many of my neighbors, buy or sell their home.
For personal service, exceptional knowledge of the neighborhood,
And results you can count on, please give me a call.